



TWIST & SHOUT
2025 TRYOUT INFORMATION
Edmond



OUR COMMITMENT TO YOU

We are honored you have chosen our program to be a part of your child's life, and we take it seriously. Twist & Shout is dedicated to building a lifetime of self-esteem, confidence, and integrity in all our athletes. We promote and encourage an atmosphere of dedication, development, competition, and sportsmanship. We strive for each athlete to excel and have a positive and rewarding experience from his/her years as part of our Shouter family. Our USASF and CPR certified staff hopes to combine their expertise of cheer with their love of coaching to bring out the champion in your athlete—from the inside out!

YOUR COMMITMENT TO T&S

We are humbled to be the top ranked cheerleading program in Oklahoma and amongst the top in the nation. We know this is primarily due to the unbelievable commitment given by our current and former team members, their families, and our coaching staff. Although being a part of our Shouter family is an exciting and fun time for everyone, we realize it is also a huge commitment for your athlete and your family. In order to continue the success of our program and growth of your athlete, a high level of commitment is needed.

PRACTICES & ATTENDANCE

We push our athletes to be the very best they can be, and with that comes commitment to their team and themselves! Teams have set weekly practices along with additional tumbling, flyer, and stunt classes throughout the season (when applicable). Extra practices will be added based on need within the competition season, and are typically scheduled 2-4 weeks in advance. Athletes are expected to attend all practices.

TEAM PLACEMENTS

The Twist & Shout staff will evaluate athletes on skills they have already developed, as well as their potential. They will be placed on the team we feel is the best for them, and that is best for the program. Teams are selected based on the best chance of being successful, and athletes are placed in an effort to benefit their personal and athletic growth.



2025 TRYOUT INFORMATION

TRYOUT FEES

Both evaluations and workouts are required for placement. Fee includes t-shirt.

New Member Fee: \$60

Returning Member Fee: \$25

Private/Video Fee: \$70

*Discount for enrollment before 5/1: \$10 New Member/\$5 Returning Member.

TRYOUT EVALUATIONS – May 19-21

Level 1-2: Wednesday, May 21 5:30-7:00pm

Level 3: Monday, May 19 5:30-7:00pm

Level 4: Tuesday, May 20 5:30-7:00pm

Level 5-6: Wednesday, May 21 7:30-9:00pm

Private evaluations are available. Contact the appropriate All-Star Director to schedule.

TRYOUT WORKOUTS – May 27-30

Level 1-2: Tuesday & Thursday 5:30-7:00pm

Level 3: Tuesday & Thursday 7:30-9:00pm

Level 4: Wednesday & Friday 5:30-7:00pm

Level 5-6: Wednesday & Friday 7:30-9:00pm

TRYOUT PREP – May 6-15

Optional tryout prep training - \$80 per athlete. Athletes will train with coaching staff 2x a week.

T&S Edmond

Level 1-3: T/Th 5-7pm

Level 4-6: T/Th 7-9pm

T&S Norman

Level 1-2: T/Th 5-7pm

Level 3-5: T/Th 7-9pm

T&S Tulsa

Level 1-4: T/Th 5-7pm

Level 5-6: T/Th 7-9pm

PARENT MEETING – Zoom Video Meetings. Meetings are for parents only.

Can't make the meeting? Contact the All-Star Director at your location with questions.

T&S Edmond

Date: Tuesday, April 8

Time: 6:00pm

ID: 840 5149 2333

Password: 387516

[Join Edmond Meeting](#)

T&S Norman

Date: Thursday, April 10

Time: 6:00pm

ID: 825 1300 7244

Password: 801813

[Join Norman Meeting](#)

T&S Tulsa

Date: Wednesday, April 9

Time: 6:00pm

ID: 835 9870 7706

Password: 295872

[Join Tulsa Meeting](#)

TRYOUT REGISTRATION

Tryout registration will open March 3rd.

OPEN HOUSE – Thursday, May 15 5:30-7:30pm.

Stop by the gym to confirm your cheerleader's tryout registration and pickup their tryout t-shirt!

***Please note** – Tryout Prep viewing will be closed on May 15th to allow more room for our Open House come and go traffic.

TRYOUT PLACEMENT

Following May 30, team selections will be made and placement emails will be sent out May 31 - June 1. Team practices will begin the week of June 2.

CONTACT US

T&S Edmond:

T&S Norman:

T&S Tulsa:

All-Star Director

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2025 TRYOUT INFORMATION

MONTHLY DUES & START FEE

DESCRIPTION	CHARGES	FEE SCHEDULE
PRIME	\$220	PAID MONTHLY - DUE BY THE 5TH JUNE 2025 - APRIL 2026
LEVEL 1 – 4 MONTHLY DUES	\$280	PAID MONTHLY - DUE BY THE 5TH JUNE 2025 - APRIL 2026
LEVEL 5 – 6 MONTHLY DUES	\$300	PAID MONTHLY - DUE BY THE 5TH JUNE 2025 - APRIL 2026
ALL TEAMS START FEE	\$400	DUE BY JUNE 9

Monthly dues include: tuition, team practices, team tumbling, extra practices, choreography camp, regional and national competition fees (not including special events), and routine music.

Team Start Fee: Is a commitment fee that has been subtracted from the total of yearly team charges (listed above). The remaining charges have been spread out over 11 months.

ADDITIONAL FEES

DESCRIPTION	APPROX. CHARGES	FEE SCHEDULE
UNIFORMS	\$400-\$550	DUE BY JUNE 23
WARM-UPS *Optional	\$225	DUE BY JUNE 23
TEAM BOWS	\$30	DUE BY JUNE 23
TEAM BAGS	\$130	DUE BY JUNE 23
SHOES	\$120	DUE BY JUNE 23
CHOREOGRAPHY MAY NOT APPLY TO ALL TEAMS	\$225-\$250	DUE BY JUNE 23
BOOSTER CLUB	FEES TBD	DUE AT FIRST PRACTICE

Additional fees are approximate pricing and may vary slightly depending on vendor's pricing.

Warmups are optional for all teams for the 2025-2026 season.

IMPORTANT DATES

CAMP DESCRIPTION	DATES	TEAMS ATTENDING
SUMMER BREAK (NO PRACTICES)	JUNE 20 – JULY 6	ALL TEAMS
LITTLE CAMP	JULY 8-9	TINY, MINI, & YOUTH TEAMS
CHOREOGRAPHY Session 1	JULY 21-27	ALL TEAMS
HOT SHOTS CAMP (FLORIDA)	JULY 31 – AUGUST 3	WORLDS TEAMS
BIG CAMP	AUGUST 8-10	JUNIOR & SENIOR TEAMS
CHOREOGRAPHY Session 2	SEPTEMBER 3-7	ALL TEAMS

Summer Break – There will be no practices or team tumbling during this break. Families are encouraged to plan vacations, summer camps, and other activities during this time. Since we take this 2 week summer break, we will be more strict on summer absences and camp/choreography attendance.