LIABILITY WAIVER AND RELEASE FORM iTumble Gymnastics, LLC

Family Last Name (please print):_

I fully understand that iTumble Gymnastics, its coaches, or staff members, are not physicians or medical practitioners of any kind. With that in mind, I hereby release iTumble Gymnastics, its coaches or staff members, to render temporary first aid to my child or children in the event of any injury or illness, and if deemed necessary to call and seek medical help, or the calling of an ambulance for said child or children.

We at iTumble Gymnastics recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics, tumbling, and cheerleading. Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Gymnastics, tumbling, and cheerleading can be dangerous and can lead to injury, paralysis and even death. Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instruction.

iTumble Gymnastics, its coaches, or staff members will not accept responsibility for injuries sustained by any student during the course of gymnastics, tumbling, cheerleading, or in the course of any exhibition, competition, birthday party, special event, or clinic in which he or she may participate or while traveling to or from the event, or in the gymnastics parking area.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by iTumble Gymnastics. I, my executors, and other representatives, waive and release all rights and claims for damages that my child or I may have against iTumble Gymnastics coaches or staff, whether paid or volunteer.

I also affirm that I now have and will continue to provide proper hospitalization, health and accident insurance coverage, which I consider adequate for both my child's protection and my own protection. I also understand that it is the parents or guardian's responsibility to warn the child about the dangers of the above mentioned activities and injury that could occur, according to what the parent or guardian feels is appropriate. iTumble Gymnastics coaches and staff will warn the child through "Safety Messages" and their teaching style and progressions. Children must follow all safety rules while at ITumbe Gymnastics, regardless of whether it is a class, special event, competition, or birthday party.

Name of Child & Birthday	Name of Child & Birthday
Name of Child & Birthday	Name of Child & Birthday
Parent or Guardian Signature:	Parent Name Printed:
Parent or Guardian Emergency Phone #:	Date: