



# 2026 SCA Cheerleader Camp

McNeese State University

Session II | June 5–7

Thank you for choosing SCA for your cheerleading training. Our staff is prepared to make your summer camp experience extraordinary. Please read the following information carefully.

## CAMP INFORMATION

### Optional Pom Competition

Teams have the option to bring a pom routine for opening night competition. Some squads may choose not to bring a Pom routine. Please do what is best for your team.

**When:** First night of camp

**What:** Perform a Pom routine to music, not to exceed 1 minute and 30 seconds.

**Restrictions:** No stunting, jumping, or tumbling. Tumbling is defined as any skill involving feet-over-head rotation.

## CAMP EVALUATIONS

**WHEN:** Second night of camp evaluation / Final day evaluation/competition.

**WHAT:** Teams will be evaluated on material learned at camp. Your SCA staff buddy will assist your team in developing routines and incorporating stunts, tumbling, and props.

The final day evaluation/competition may consist of the same SCA material used on the second night of camp or different SCA camp material.

## HOW TO PREPARE FOR CAMP

- Form your stunt groups before camp to hit the ground running.
- Prepare basic formations to make the most of your private coaching time.
- Bring any props you have—poms, megaphones, signs, and flags.
- Be ready to cheer with your school colors, mascot, and letters in mind!

**WHAT TO BRING:** Original waiver forms for each participant and a squad first-aid kit (Band-Aids, ace bandage, instant cold pack, aspirin, throat lozenges); twin sheets, pillow, towels, practice clothes, water bottle, spending money, and vending machine change. Creative signs are encouraged. **Glitter is not allowed.** Do not bring valuables.

**BALANCE PAYMENT:** Final payment is due 30 days prior to the first day of camp. Confirm that SCA has received your online registration, updated contact information, and names of all adults attending camp.

## REGISTRATION:

Friday, June 5, 2026 | 10:30 a.m.–12:30 p.m.  
Residence Life Club Room, 565 Beauregard Drive  
Parking is free.

## RESIDENT DORM CAMPERS

- Medical release forms will be collected at registration
- One **\$100 key deposit** is required per squad
- The university will assess a **\$100 fee for each lost key**
- Authentic **metal keys** will be used (not key cards)
- SCA will accept checks

## Important Notes:

- One designated person should collect and return all keys at checkout
- Bring linens for twin beds
- Suites include 6-person and 2-person options with full bathrooms
- Washers, dryers, and vending machines are available

Due to limited housing, space will be maximized. For example, a squad of 13 participants will receive two 6-person suites plus one additional mattress. Visitors may not enter the dorms without express permission from the coach. Dorms are supervised by MSU Resident Assistants and SCA staff.

## HOTEL CAMPERS

- Hotel check-in will occur **after the first camp session**
- Hotel campers will be dismissed first
- Luggage may be stored at the hotel beginning at **9:00 a.m.**

## COMMUTER CAMPERS

- Report to the Townsley Law Arena for camp opening at 1:30 p.m.
- Coaches will receive name badges, camp schedules, and submit waiver forms during the opening coach reception
- **Meals are not included** for commuter campers (instruction only)

**RESIDENT MEALS:** Resident campers receive six meals, beginning with dinner on Day I and ending with lunch on Day III.

**EMERGENCIES:** Campus Police (337) 475-5711

**MASCOTS:** Bring your mascot suit and a 1-minute skit which defines your character through pantomime and antics. Bring markers, poster paper, and potential props! It is imperative for all mascots to come prepared with these materials.

**COACH PROGRAM:** Coaches are encouraged to bring a copy of their tryout score sheets and constitutions, as well as any videos of pep rallies or special performances they would like to share in the coach meetings.

**CAMP MERCHANDISE:** At the end of each camp day campers will have the opportunity to purchase camp merchandise.

## **POST-CAMP COMPETITION OPPORTUNITIES**

- SCA will award a **paid bid** to the **SCA Battle at the Bayou**
  - **December 5, 2026**
- The Battle at the Bayou Championship Team will receive a **paid bid** to **Nfinity's America's Cup Championship**
  - **February 6–7, 2027**
  - Universal Studios, Orlando, Florida

## **CHECK-OUT**

- **Dorm campers:**
  - Check-out is **1:00 p.m. Day III**, following lunch
  - If transportation is unavailable, luggage may be stored in the coach's room
  - All keys except the coach's key If needed should be turned in at check-out
  - The coach's key will be returned at the end of camp and the key deposit refunded.
- **Hotel campers:**
  - Hotel check-out will occur **after breakfast on Day III**

## **ATTENTION: COACHES**

Parents and spectators are welcome to attend the following events:

- **Day 1:** Team Competition – 6:45 p.m.
- **Final Day:** Team Competition – 3:45 p.m., immediately followed by the Individual All-American Competition

### **Doors will open at 3:40 p.m.**

To ensure private coaching sessions are not disrupted, we kindly ask that guests do not enter the building prior to **3:40 p.m.**

# 2026 SUMMER CAMP SCHEDULE DAILY SCHEDULE

## Townsley Law Arena

### DAY 1

1:30 – 2:00 Camp Opening, Staff Introductions  
Staff Routine, Safety Seminar  
2:00 – 3:00 Band Dances/Sidelines/Mascots  
2:30 – 3:00 Coaches Orientation, Reception  
3:00 – 3:15 Coaches Meet SCA Staff  
Head Cheerleader Meeting  
Reveal buddies  
3:15 – 4:00 Game Day Cheers/Sidelines  
4:00 – 4:55 Stunts/Pyramids  
4:55 – 5:00 Announcements  
5:00 – 6:30 DINNER  
6:30 – 6:40 Pom Warm-up  
6:40 – 7:30 Pom Competition / Mascot Routines  
7:30 – 7:45 Spirit Sticks / Safety First Awards  
Staff Show-Off  
7:45 – 8:30 Introduce SCA MOTTO/Buddy Time  
Announcements

**DAY 1: Pom Competition (Optional)**

\*\* Due to accommodating the individual nature of each camp, this schedule is subject to change.

### DAY 2

7:00 – 8:00 BREAKFAST  
8:10 – 8:20 Warm-Up  
8:20 – 8:30 Staff Stunt Demos  
8:30 – 9:30 Stunts/Pyramids  
9:30 – 9:55 Staff Game Day Routine  
Game Day Workshop  
9:55 -10:25 All American Cheer  
10:25 -11:10 Band Dances  
Game Day Cheers/Sidelines  
Coaches Clinic, Mascot Class  
11:10 -11:30 Routine Prep  
11:30 – 1:00 LUNCH  
1:00 – 2:40 Private Coaching A 1:00 - 1:50  
Private Coaching B 1:50 - 2:40  
2:40 – 3:30 Stunts/Pyramids  
3:30 – 4:30 Advanced Dance / Spirit Routine  
Mascot Class  
4:30 – 6:30 DINNER  
6:30 – 7:15 Evaluation  
7:15 – 8:15 Jump-Off / Tumble-Off  
8:15 – 8:45 Spirit Sticks/Safety First Awards  
Buddy Time/Announcements/  
Meet Buddy Instructor to Plan Private

**DAY 2: Double Evaluation  
SCA Game Day Sideline/Cheer**

### DAY 3

7:00 – 8:00 BREAKFAST  
8:10 – 8:20 Warm-Up  
8:20 – 8:30 Staff Stunt Demos  
8:30 – 9:30 Stunts / Pyramids  
9:30 – 9:40 Band Dance Warm-up  
9:40 – 10:10 Band Dance Evaluation  
10:10 – 10:25 Camp Review/Coaches Meeting  
10:25 – 11:30 Game Day Performance Walk Through  
11:30 – 12:00 Dance-Off  
Announce All-American Nominations  
12:00 – 2:00 LUNCH & Room Check-Out  
2:00 – 2:50 Private Coaching A 2:00-2:50  
2:50 – 3:40 Private Coaching B 2:50-3:40  
3:40 – 3:45 Water Break  
3:45 – 5:00 Final Competition  
5:00 – 5:45 All American Tryout/Final Mascot Show  
Final Awards Ceremony  
Camp Closing

**DAY 3: Final Competition SCA Game Day  
Band Dance/Sideline/Cheer**



# General Release/Waiver of Liability/Indemnity and Hold Harmless Agreement

*(Please read carefully. This is a Release of legal Rights)*

\_\_\_\_\_  
Student's Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
School Represented

In consideration of being allowed to participate in any way in the 2026 SCA Summer Camp Program, I, the parents(s) and/or legal guardians(s) of the minor named above **agree to assume all risk of any kind of injury or damage my child may receive or sustain as a result of participation, including property loss, property damage, personal injury, or death.**

**By my signature below, I acknowledge my understanding of this release and hold harmless and agree and confirm that:**

1. As the parent/guardian, it is my responsibility to instruct the minor participant if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate.
2. The above-named minor may, during the course of the program, participate in the following activities; Cheerleading activities including, but not limited to, tumbling, jumps, stunting, motions, and fitness.
3. I grant permission for the above-named minor to receive medical treatment for all injuries and illnesses sustained or experienced during participation in the 2026 SCA Summer Camp Programs, including, but not limited to, emergency first aid, emergency transport to a medical facility, and emergency treatment by medical personnel onsite or at medical facility.
4. **Photography Consent:** By registering for a 2026 SCA Summer Camp Program, I hereby give my permission to SCA Summer Camp Programs, allowing my child's photograph to be taken during cheerleading camp activities. I am also consenting to SCA's use of said photographs for SCA public relations and/or marketing and promotional purposes and understand that I will not be compensated therefor. I also hereby release SCA from any and all claims of libel, slander, and invasion of the right of privacy or any other claims which I may have or which may arise as a result of the publication, exhibition, display, or other use of any photograph. This authorization shall be effective until revoked, in writing, and received in-hand by SCA.

I KNOWINGLY AND FREELY ASSUME ALL RISKS, BOTH KNOWN AND UNKNOWN, AND HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS, FOR MYSELF, THE ABOVE NAMED MINOR AND OUR HEIRS, ASSIGNS AND NEXT OF KIN, SCA SUMMER CAMP PROGRAMS AND EACH OF THEIR TRUSTEES, OFFICERS, EMPLOYEES AND VOLUNTEERS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY ASSOCIATED WITH THE PRESENCE OR PARTICIPATION OF THE MINOR IN MY CHARGE, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Parent / Guardian Printed name

\_\_\_\_\_  
Insurance Company

\_\_\_\_\_  
Insurance Policy Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent / Guardian Phone Number

Allergies/Medications: \_\_\_\_\_

Fill out this form **ONLY if your team is selecting the hotel option.** Dorm teams will fill out the room roster at camp check-in at the Residence Hall. The hotel is about a 5-minute drive from the MSU campus.

## 2026 McNeese Session II Hotel Camp Roster

SCHOOL NAME \_\_\_\_\_ COACH CELL CONTACT \_\_\_\_\_

E-MAIL \_\_\_\_\_ MSU CAMP SESSION \_\_\_\_\_

Please specify S for student participant, C for coach/advisor participant, and N for non-participant (e.g., bus driver or chaperone). List up to 4 people per room. If N is designated by an individual's name, the non-participant fee will apply. Make copies of this form as needed. Please use this format when submitting your roster; it will help SCA tremendously in generating your invoice.

\_\_\_\_\_ to suite \_\_\_\_\_ @ \$ \_\_\_\_\_ per person  
\_\_\_\_\_ @ \$ \_\_\_\_\_ per person

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

\_\_\_\_\_ to suite \_\_\_\_\_ @ \$ \_\_\_\_\_ per person  
\_\_\_\_\_ @ \$ \_\_\_\_\_ per person

1. \_\_\_\_\_
2. \_\_\_\_\_
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4. \_\_\_\_\_

\_\_\_\_\_ to suite \_\_\_\_\_ @ \$ \_\_\_\_\_ per person  
\_\_\_\_\_ @ \$ \_\_\_\_\_ per person

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\_\_\_\_\_ to suite \_\_\_\_\_ @ \$ \_\_\_\_\_ per person  
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