



2024-2025 Alpha Extreme Royals Athlete Information

Athlete's Legal Name: _____

Athlete's Cell Phone: _____

Athlete's Email: _____

Athlete's Social Media Handles (please list all): _____

Athlete's School: _____

Does your athlete cheer with their school? Yes / No (circle one)

If yes, please provide the coach's name, contact email and contact phone number:

What dates/weeks will you be missing this summer (if any) for school cheer, camp, family vacation, or other commitments you cannot reschedule? Also attach any school cheer schedule for the season.

2024-2025 Grade: _____ T-Shirt Size: _____ Hoodie/Jacket Size: _____ Ring Size: _____

Date of Birth: _____ Current Age: _____ Age as of December 31, 2024: _____

Allergies/Medications:

Parent/Guardian Name: _____

Parent/Guardian Cell Phone: _____

Parent/Guardian Secondary Phone: _____

Parent/Guardian Email: _____

Athlete's Prior Cheer Experience (circle all applicable): None / Rec Cheer / School Cheer / All-Star

Previously Completed All-Star Level: _____ Expected 24-25 All-Star Level: _____

I am interested in the following stunt positions (circle all applicable): Flyer / Main / Side / Back / Front

I am interested in the following teams (not guaranteed): Prep / Elite

****Athletes are never guaranteed a position and must be earned throughout practice.**

Athlete Name: _____ DOB: _____ Age as of Dec 31, 2024 _____

Current School: _____ Grade 24-25: _____

Please put a check mark **IN THE CIRCLES ONLY** for skills you can currently complete safely, consistently, with good technique, and **WITHOUT A SPOTTER**.

	Level Appropriate/Beginner	Elite Level Appropriate
Level 1	<input type="checkbox"/> Forward Roll <input type="checkbox"/> Backward Roll <input type="checkbox"/> Cartwheel <input type="checkbox"/> Handstand Forward Roll <input type="checkbox"/> Back Extension Roll <input type="checkbox"/> Back Walkover <input type="checkbox"/> Back Walkover Switch Leg <input type="checkbox"/> Valdez <input type="checkbox"/> Front Walkover	<input type="checkbox"/> Back Walkover Series <input type="checkbox"/> Valdez Back walkover <input type="checkbox"/> Back Extension Roll Back Walkover <input type="checkbox"/> FWO Cartwheel Back Walkover /BWO Series <input type="checkbox"/> FWO Cartwheel BWO Switch Leg
Level 2	<input type="checkbox"/> Standing BHS <input type="checkbox"/> BHS Stepout <input type="checkbox"/> Cartwheel BHS <input type="checkbox"/> Round Off BHS <input type="checkbox"/> Round Off BHS Stepout <input type="checkbox"/> Front Handspring <input type="checkbox"/> Bounder/Flyspring	<input type="checkbox"/> FWO RO BHS Series <input type="checkbox"/> RO BHS Series <input type="checkbox"/> RO BHS Rebound RO BHS <input type="checkbox"/> BWO BHS/BHS Stepout <input type="checkbox"/> BWO Switch Leg BHS <input type="checkbox"/> BHS Stepout BWO BHS <input type="checkbox"/> Valdez BHS/BHS Step out
Level 3	<input type="checkbox"/> Standing BHS Series (3) <input type="checkbox"/> Jumps to BHS <input type="checkbox"/> BWO BHS Series <input type="checkbox"/> BHS Stepout BWO BHS Series <input type="checkbox"/> Punch Front <input type="checkbox"/> Aerial <input type="checkbox"/> RO Tuck <input type="checkbox"/> RO BHS Series Tuck	<input type="checkbox"/> Jump BHS Jump BHS BHS <input type="checkbox"/> BHS Stepout BHS Series <input type="checkbox"/> FWO RO BHS Step Out RO BHS Tuck <input type="checkbox"/> Punch Front step RO BHS Tuck <input type="checkbox"/> FWO Aerial <input type="checkbox"/> FWO to RO BHS Series Back Tuck <input type="checkbox"/> Bounder/Flyspring RO BHS Tuck <input type="checkbox"/> Aerial RO BHS Tuck <input type="checkbox"/> Front Handspring Punch Front
Level 4	<input type="checkbox"/> Standing Tuck <input type="checkbox"/> BHS or BHS Series Tuck <input type="checkbox"/> Cartwheel Tuck <input type="checkbox"/> RO BHS Layout/layout stepout/x-out <input type="checkbox"/> RO Layout <input type="checkbox"/> FWO RO BHS Layout <input type="checkbox"/> Aerial Tuck	<input type="checkbox"/> Punch Front Stepout RO BHS Layout <input type="checkbox"/> RO Whip Layout or BHS Layout <input type="checkbox"/> RO or FWO RO BHS Whip Layout or BHS Layout <input type="checkbox"/> PF Stepout RO BHS Whip Layout or BHS Layout <input type="checkbox"/> Front Handspring PF Stepout to RO BHS Layout <input type="checkbox"/> Jump BHS Series Tuck <input type="checkbox"/> BWO Tuck <input type="checkbox"/> BHS Stepout Tuck

Staff Only Below this Line:

Jumps: PK _____ FH _____ TT _____ 3 Jumps _____

Motions and Presence:

Tumbling:

Stunting:

T / M / Y / J / S	Stunt Position	Stunt Level	Team/Level
-------------------	----------------	-------------	------------