

# PREP TEAMS

## Prep Team Def.

These are competition teams that practice 2 hours weekly (Additional Fri. Practice In Oct. & Nov.) for ages 6 to 12. These teams are great for transitioning from Show/Novice Teams and/or Tumbling classes into serious Rebel Competitive Cheer.

## Registration

Registration will be available online thru the [LCN Parent Portal](#) April 1st. \$150 Registration Fee. THEN, turn in the following at evaluation;

1. This Signed Info. Sheet
2. Signed Rebel Handbook
3. Copy of Birth Certificate

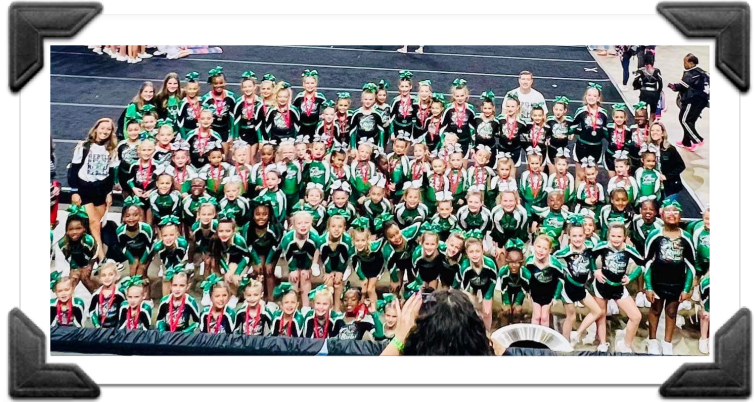
## Cost

**Tuition** = \$95/month on 1st of month thru auto draft

**Performance Uniform** = @ \$270 CASH ONLY due at fitting June 6th &/or July 9th (Does not include cheer shoes)

**Participation Fees** = (est.) \$630 non-refundable (comp. Fees, choreography & music fees, etc.) Pay in full by June 7th (Cash/Check) or 2 auto draft installments...

1. \$330 draft wk. of June 12th.
2. \$330 draft wk. of July. 17th



## Important Dates

- **Open Registration** for Athlete Evaluations - **April 1st**
- **Rebel Athlete Evaluations** - **May 13th** (week)... (Turn in Signed Info. Sheets, Handbook & Birth Cert. at this time to participate). Actual times for each age group can be seen when registering on the [Parent Portal](#).
- **Practice Begins** - **May 20th** (week) - Mandatory Parent Meetings at first team practice (Time TBA)

## Prep Teams Available & Practice Times

We reserve the right to adjust athletes/teams/schedules based on needs in accordance to USASF Age Grids & coach schedules.

- **“JOY”** (ages 6 & 7 as of 12/31/24) - Wednesdays 4:30 to 6:30
- **“LEGENDS”** (ages 8 & 9 as of 12/31/24) - Mon. 4:30 to 6:30
- **“SPIRIT”** (ages 9 to 12 as of 12/31/24) - Tuesdays 5:30 to 7:30

**Practices are Mandatory** in all **TEAM Programs**. Prep Teams are allowed 5 misses from May 20th - Sept. 2nd (Summer misses). (See Handbook for more details)

**Choreography Dates:** August (After school begins - Mandatory Athlete Attendance- Actual Times Dates & Times will be given weeks out and are TBD)

**Parent Initial** \_\_\_\_\_ **Date** \_\_\_\_\_



## USASF Membership

All La. Rebels are required to be USASF athlete members. Information will be given out at parent meetings on how to register and pay the annual fee. Last years fee was \$45/athlete. This must be completed by July 1st.

## Athlete Sizes

**T-Shirt Size :** \_\_\_\_\_  
(YXS - YXL or AS - A2XL)

**Tank Top Size :** \_\_\_\_\_  
(YXS - YL or AXS-A2XL)

**Short Size :** \_\_\_\_\_  
(YXS - YL or AXS - A2XL)

**Athlete Name** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Performance attendance** is required. Performance Calendar will be available no later than Sept. 1st, 2024. These teams will perform at @ 6 local Saturday events/competitions and one out of town competition between October '24 & March '25.

(See Handbook for more details)

### **Season Holidays** (No Practices)...

- May 27th : Memorial Day
- July 1st - July 6th : Gym Closure Week - Staff Vacations
- September 2nd : Labor Day
- November 24th - 29th : Thanksgiving Week
- December 20th - January 5th : Christmas & New Year Break (Practices Resume on Jan. 6th)
- **Possibly???** March 10th - 14th : Caddo/Bossier Spring Break (Important Note... IF these teams competition schedule goes past Spring Break, we will practice during their normal practice time on this week. We will know this by Sept. 1st).

We are delighted at your interest in the La. Rebel Team Program! Our amazing coaching staff looks forward to working with your athlete/s this season. Due to the TEAM nature of this activity, each athlete/family is vital to the teams success. We certainly need everyone on board & in support of the Team Program rules and guidelines (Handbook) to allow each team a foundation for a successful & fun season.

Thank you and God bless!

Jason & Amber O'Glee (Owner/Coaches)

