



2025 – 2026 EVALUATION INFORMATION PACKET

Thank you for your interest in our Spirit Athletics Gems, LLC All-Star Cheer Program! We are starting our sixth season, and while we celebrate the many successes in the past, we are looking forward to our upcoming season!

We are located at 461 Spencer Lane, Suite 461, San Antonio, Texas 78201. We currently have teams ranging from Level 1 – Level 4. Spirit Athletics Gems, LLC owners, coaches, and staff provide the best and most disciplined training in our industry. Our teams have been and will continue to be highly competitive within their respective divisions. We strongly believe that our success originates from the dedication and commitment of our athletes and their parents.

Our goal is to develop the best squads possible, as well as to instill positive qualities and teach life lessons and values that will serve our athletes for a lifetime. We take pride in our ability to focus specific attention on each individual athlete and his/her skills. We teach our athletes to excel in all aspects of competitive cheerleading. We strive for our athletes to be self-driven and motivated to achieve their individual and team goals, and we do that through encouraging respectful behavior and positive attitudes.

We have put together this information packet to hopefully address most questions and concerns. However, we can never be sure that it will answer all questions you might have. Our owner is available to visit with parents to address individual concerns. You may reach Owner/Coach Roland Soto at (210) 542-9233. If we are unable to adequately address concerns over the phone, we are happy to make an appointment for a face-to-face meeting. We look forward to you becoming a member of our Gems Family!

SPIRIT ATHLETICS GEMS EVALUATION CHECKLIST

Evaluations are held at the Gym at 461 Spencer Lane, Suite 461.

All forms must be completed and turned in, along with \$35.00 tryout fee and the \$50.00 registration fee, prior to evaluations. You will need a separate form and registration fee for each child you wish to be evaluated for the upcoming season.

- _____ Copy of the athlete's Birth Certificate
- _____ Application Form
- _____ Acknowledgement/Release Contract
- _____ Program Agreement Initialed Form
- _____ Credit/Debit Authorization Form
- _____ \$85.00 Tryout/Registration Fee

General Evaluation Information

All athletes will be evaluated on their individual skills, as well as on their ability to either base a stunt or fly, as the case may be. Our evaluations are not meant to be stressful! For those returning, we were evaluating you last season already. For those coming in, you will continue to be evaluated throughout the season. Evaluations are closed.

These evaluations are used to assemble rosters and teams. This can be a tedious and complicated process. ***We need to consider many key elements in our decisions; placement decisions are made based on the need for well-rounded teams in every level. Just because an athlete has tumbling skills that are performed at a specific level, it does not mean that athlete will automatically be placed on that level team.*** This means someone with Level 3 tumbling could end up on a Level 2 team based on other skills assessed; likewise, someone with Level 2 tumbling could end up on a Level 3 team because they have other skills needed on that Level 3 team. Athletes and parents will be notified with the results via email and/or social media. **Please be sure you have included a legible email address for contact with evaluation results.** There will also be a MANDATORY PARENT INFORMATION MEETING within two weeks of the team announcements.

We also have a "open" roster; *i.e.*, if there becomes a need for another athlete on a team for any reason, we will look to our current roster to see if that need can be fulfilled by moving someone up. We may

also evaluate and place new athletes throughout the season. Our teams are put together based on the skills of the athletes themselves. We ask that you trust in the process as we have many years' experience in putting together winning teams.

MONETARY COMMITMENT

It is no secret All-Star Cheer comes with a big monetary commitment in the form of uniform fees, tuition & gym fees, choreography fees, music fees, competition fees, and travel fees. We understand many of our families make sacrifices so their athletes can compete at this level, and we respect those sacrifices. As a small family-oriented gym, we do our best to keep this commitment as lean as possible where we can, but some costs are out of our control. In order to compete at the level to which our athletes and families have become accustomed, it is necessary to charge tuition and gym fees; uniform fees (for new athletes joining the program and occasionally for returning athletes); music and choreography fees (we utilize outside vendors and these costs are spread among the teams); and competition fees (which are set by the competition producer) with accompanying gym fees. Travel fees and event tickets will be in addition to anything you pay directly to the gym; travel fees may also depend upon whether we are required to "stay-to-play" at a pre-determined hotel at our competition destination.

This is an **estimate** of anticipated costs for an athlete at Spirit Athletics Gems for the 2023-2024 season:

Registration Fee: \$50.00 annually for new and returning athletes.

Tuition Fees: \$250.00 per month for 12 months which covers 4 hours of all-star classes and ability to attend 1+ hours of level-appropriate skills classes to include flyer skills, tumbling skills, and stunting skills throughout the week (*i.e.*, athletes signed up for Level 3 must attend at least 1 hour Level 3 skills classes per week, but can come to as many other Level 3 skills classes as they wish to attend throughout the week). Monthly tuition payments are due on the 25th of the month for the following month, beginning on 5/25/2025. ***Additional practices may be necessary throughout the season, and those are usually covered by tuition unless we have an outside choreographer/coach come in. In those instances, we will provide as much notice of any additional fees as possible.*** Unless otherwise specified, we will take this payment in cash, check, or credit/debit authorization.

| | |
|-------------------------------------|----------|
| <i>4 hours of all-star class</i> | \$200.00 |
| <i>Skills classes/open tumbling</i> | \$50.00 |
| <i>TOTAL TUITION</i> | \$250.00 |

(Discount offered for each additional athlete registered in the program)

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| <i>Late Fee assessed on the 30th</i> | \$25.00 |
| <i>Late Fee more than 9 days</i> | \$10.00 |
| <i>Returned Check Fee</i> | \$35.00 |

The ***Late Fee*** is assessed when payment is 5 days late (or if not paid by the 30th of the month). This is in addition to the monthly ***Tuition***. Should ***Tuition*** not be paid more than 9 days after the 25th, an ***Additional Late Fee*** of \$10.00 will be assessed. That means, for example, that June tuition is due by 5/25/2024. If it has not been paid by 5/30/2024, a \$25.00 late fee is also due, making the total now

\$275.00. If June tuition has still not been paid by 6/4/2024, an additional \$10.00 late fee is also due, making the total due \$285.00 for June.

If you fall behind one month on tuition or comp/coaches fees your athlete(s) will be moved to an alternate status and won't be allowed to participate in practice or competitions but will still be required to show up until such balance is brought to a zero balance.

The ***Returned Check Fee*** is \$50.00, which is what our bank will charge us for a returned check. If a check is returned more than once, we will have to resort to a cash only basis for that family.

USASF Fee: \$49.00 annually for new and returning athletes. This will be paid directly to USASF so the athletes can compete in USASF-sanctioned events.

Uniform Fees: \$600.00. The uniform will consist of a 2-piece competition uniform. ***A separate piece which is the mesh piece must be purchased through a separate merchant that isn't rebel.*** If your athlete needs a uniform, we will announce the fitting schedule so your athlete can be professionally fit by our Rebel representative. A ***non-refundable*** deposit is necessary to place your uniform order. Once the uniform has been ordered, we cannot make any changes, and we ***cannot refund ANY fees paid toward the uniform as it will have been sent directly to Rebel who will not refund once the uniform has been ordered.***

Mesh piece and Hair cuffs are a separate cost from the uniform that will be purchased at a later date from the uniform purchase order.

Shoes are a separate cost which you will purchase directly from any outside vendor who carries the shoe we decide to wear this season. The shoe will be announced and a deadline provided to have the shoe for practice. In years past, the shoes have run approximately \$150.00.

| | |
|-----------------------------|----------|
| <i>Uniform</i> | \$600.00 |
| <i>Shoes</i> | \$150.00 |
| <i>Jersey</i> | \$50.00 |
| <i>Practice Wear</i> | \$200.00 |
| <i>Mesh piece</i> | \$75.00 |
| <i>Hair cuffs</i> | \$20.00 |
| <i>Backpack</i> | \$200.00 |

The ***Practice Wear, Mesh piece, Hair cuffs and Jersey*** is required for athletes to purchase. Information will be provided when we are ready to order.

We do require athletes to order specific practice wear now.

Backpack will be optional but encouraged.

Music/Choreography Fees: \$TBD. Each team will have its own professional music and choreography, and each team will be responsible for paying the artist/coach for same at the specified time.

Competition Fees / Coaches' Fees: \$2,100.00 (currently estimated as not all fees have been posted yet including coaches' fees). Each competition has an athlete registration fee required by the event producer. One-day competitions cost less than two-day competitions; out-of-town competitions have additional out-of-pocket travel costs. In addition to competition fees, there are also coaches' fees per athlete for each competition. This is based on our tentative competition schedule for this season (see the last page of this packet), and it includes the coaches' fees. These fees are due monthly, from July through December, on the 10th of every month. Based on this schedule, the monthly competition fee per athlete would be \$350.00 for June through November. **These fees are non-refundable. They are due to the event producers months in advance of the actual competition, and registration is based on the number of athletes on the team. We must charge fees in advance so they can be paid as required in advance. Event producers do not refund competition fees for an individual athlete who cannot compete or for an entire team who cannot compete for some reason.** Like tuition, if these fees are paid late, we will assess the same late fees discussed under "Tuition" above.

Travel and Spectator Entrance Fees: These costs are out-of-pocket. Weekend events usually have a \$50.00 entrance fee for the entire weekend, while one-day events might be as much as \$40.00 per person. Many times, event producers offer military, senior, or child discounts. There are also usually daily parking fees which can run as much as \$15.00 - \$20.00. For many events, we are given a very short list of hotels where we can stay; other times we may be able to choose our own accommodations. If we are required to register at a particular hotel, we will always announce it far in advance as reservations will need to be made well in advance of the actual competition date(s).

For teams earning bids to an end-of-the-year championship competition (such as D2 Summit or Allstar World Championship in Orlando), there will be additional expenses associated with that competition that are **not** accounted for. If/when a bid is earned, we will discuss the associated costs and expectations in detail.

Fundraising: The Gym conducts 4 mandatory fundraisers throughout the season to benefit the Gym as a whole. All athletes are expected to participate in all Gym-related fundraisers by selling the required number of tickets/items, etc. An athlete can opt out of selling tickets/items for each fundraiser by paying \$150.00 per fundraiser, or a total of \$600.00 for the season. If an athlete selects to opt out of selling the tickets/items and buy-out instead, the payment for that buy-out is due in the Gym office by the deadline that ticket/item sales end for that fundraiser.

EXIT FEE: \$1,000.00. The upheaval caused by an athlete's departure at any point after the season begins, for whatever reason, starts a snowball effect that trickles throughout the entire Program which is not the best environment for our athletes who are working so hard to be the best that they can be! Should an athlete decide to leave the Spirit Athletics Gems All-Star Cheer Program at ***any point after the first monthly tuition payment has been made***, an Exit Fee must be paid and a formal Release signed. Any deposits toward uniforms and/or competition fee payments already paid ***will be forfeited***. Depending on the time of year an athlete may decide to leave the Program, USASF may also require a form release before that athlete can compete with another gym's program. **NO FORM RELEASE WILL BE SIGNED FOR A TRANSFERRING ATHLETE IF THE EXIT FEE HAS NOT BEEN PAID.**

NO REFUNDS OF ANY KIND CAN BE MADE TO AN ATHLETE LEAVING THE PROGRAM, WHETHER THAT ATHLETE IS TRANSFERRING TO ANOTHER

GYM'S PROGRAM OR LEAVING ALL-STAR CHEER ENTIRELY. This includes specifically any payments made for uniforms that may have been ordered but not yet received, choreography and music fees, and/or competition fees (including coaches' fees) that have already come due and/or been paid.

This EXIT FEE applies to any athlete leaving the Program, whether they are transferring to another gym's program or leaving all-star cheer entirely. The reason for this fee is to protect advance payments already made on behalf of the athlete and/or the athlete's team (based on number of athletes).

If a uniform has been paid in full before the athlete leaves the Program **and** the uniforms have not yet been delivered to the Program by Rebel, the athlete has the choice of receiving the uniform and paying the \$1,000.00 Exit Fee, **or** the athlete may sign the uniform over to the Program and pay the remainder of the Exit Fee. As an example, if the uniform was \$600.00 and paid in full in July, and the athlete decides to leave or transfer to another program in September (before uniforms have arrived), the athlete can:

1. Pay the \$1,000.00 Exit Fee, sign a Release, ask for a signed USASF Form Transfer to be signed (if transferring), and elect to keep the uniform when it arrives; **or**
2. Sign the uniform over to the gym, pay the remaining \$400.00 Exit Fee, sign a Release, and ask for a signed USASF Form Transfer to be signed (if transferring). In this instance, the Program keeps the uniform when it arrives so that it can be purchased by a new athlete.

If the athlete receives his/her uniform before requesting to leave the Program, for transfer to another gym or to leave all-star cheer, this option is not available, and the athlete keeps his/her uniform.

NO RECRUITMENT POLICY. It is an unfortunate part of the All-Star Cheer world that some athletes jump from gym to gym. In the event of an athlete transferring to another Program, we have a strict NO RECRUITMENT POLICY. We consider that behavior an interference with our business relationships, and it will be turned over to our legal representatives for investigation and/or pursuit of any civil remedies that may be available to Spirit Athletics Gems. The Exit Fee is also meant as a deterrent to that behavior after a season has begun.

REFUND POLICY: There is no refund policy at Spirit Athletics Gems. Under no circumstances will there be any form of refund, regardless of the reason. Spirit Athletics Gems is under no obligation to buy any uniforms, practice wear, or any other attire purchased by any athlete or parent if that athlete decides to leave the program. However, Spirit Athletics Gems ***does reserve the right*** to purchase uniforms from exiting athletes should that uniform be needed. If a departing athlete has any prepaid expenses, those expenses will not be refunded for any reason.

PROGRAM POLICIES & EXPECTATIONS

Absence Policy: We realize many athletes and their families are involved in a variety of activities; however, we do expect all athletes to practice 5 hours each week. We expect 100% commitment, and

we cannot make exceptions for scheduled conflicts. We are able to keep extra practices to a minimum because our mandatory practices are productive. Athletes are allowed up to 4 absences for family vacation time during the months of July and August, but **these absences cannot be during scheduled choreography sessions.** Please try to plan accordingly and in conjunction with recognized Holidays, if possible. Additional absences may jeopardize an athlete's placement on his/her team.

We usually ***blackout*** 3 to 5 days during the Summer for our choreography camp which is mandatory. Those dates will be confirmed as soon as we have finalized our teams for the season. Again, participation is mandatory as this is when they will learn their routine for the season.

After August 1, 2026, the only excused absence is for a school function that results in a grade. Other absences will be unexcused, including part-time jobs, dances, concerts, banquets, long distance driving, family trips, school/church socials, and other non-related school activities. Absences are **not** allowed the weekend and week before a National competition. In the event of an unexcused absence during that time, it may result in the athlete being moved to an alternate position or pulled from the upcoming competition at the discretion of the coaching staff.

An ***absence request form*** must be submitted at least 2 weeks in advance of a school-related absence including school cheer events, gymnastics, choir, band, and all school sports. These activities are usually planned well in advance, so please submit the absence requests in advance. A completed form does not automatically excuse the absence, as it must still be approved. ***Please do not email these forms.*** If we have reason to suspect there is no school-related reason for the absence, we may verify with the school and/or we may request documentation from a teacher, coach, or instructor. In any event, absences are still not allowed the week of a National event.

If an athlete does miss practice (excused or unexcused), the athlete is responsible for learning any changes in the routine prior to the next practice. Alternates must follow all requirements and guidelines, including attending all practices.

Athletes who are high school seniors are allowed ONE college visit their senior year. School competitive cheer conflicts will not be allowed/excused during any Spirit Athletics Gems events.

Coaching Philosophy: We strongly believe in **perfection before progression**, and proper technique is everything!

- We will not allow athletes to learn advanced tumbling skills before perfecting their basics. If parents and their athletes cannot be patient and respect our teaching methods, this may not be the Program for you.
- Only perfected skills will be choreographed in a Spirit Athletics Gems' routine.
- Absolutely NO unsupervised tumbling! An instructor must be present at all times. Parents are not allowed to spot their athletes on Spirit Athletics Gems' property.

- Private lessons are available, and fees for those private lessons should be paid directly to Coach Roland only. The rates are for individuals for a half hour, an hour, and/or a “Session Deal.” Please contact the coaches directly for rates.
- **Athletes who are selected as flyers are expected to maintain their flexibility and skill requirements.** Selected flyers unable to meet the level requirements must learn to base or will be moved to an “alternate” position.
- **Mandatory tumbling will be required for athletes who do not maintain the level skill requirements.**
- Anyone with mental blocks over their tumbling may be sent home. Further action will be taken at the coaches’ discretion. Simply paying tuition does not mandate the right to perform; athletes must meet the level skill requirements in order to compete. Mandatory tumbling will be assigned as needed. Athletes may be moved to an “alternate” position if they do not maintain the skill requirements.
- The Head Coaches of Spirit Athletics Gems reserve the right to change a team’s division and/or level at any time throughout the season.

Conduct Expectations: We expect our athletes to be strong representatives of the Spirit Athletics Gems Program, as well as a positive reflection of his/her teammates. Abusive behavior, lying, and any other form of negative behavior are grounds for removal from the Program.

- We have a ZERO TOLERANCE policy for alcohol and drug use by the athletes.
- We will not tolerate negative comments about other teams and/or other programs, in person or via social media. Many of the athletes communicate with other cheerleaders from various programs through email, Facebook, GroupMe, Snap Chat, Instagram, Twitter/X, TikTok, Band App, and other social media sites. Please remember that anything you say is a direct reflection on our Spirit Athletics Gems organization. ***If you are caught sending rude or inappropriate messages via social media, you will be subject to immediate removal.***
- Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping, or cliquish behavior that is intended to exclude or alienate teammates.
- Talking back, rolling eyes, and/or any other signs of disrespect to coaches, staff, or teammates is unacceptable. Problems between an athlete and a staff member will be addressed between the Head Coach and athlete. If that does not resolve the issue, a parent will be notified of the problem or rule violation, and we expect the parents to assist the Head Coach in resolving the problem.
- Disciplinary problems will be handled privately and professionally.

Protecting the Spirit Athletics Gems Brand: We are building our reputation, athlete-by-athlete and season-by-season. We need your help to keep us consistent in how we maintain our presence in the AllStar Cheer world.

- Do not use “Spirit Athletics Gems” or any portion or variation of the Program name in your email address or social media ID’s.
- Any parent/guardian who disregards the judgment/advice of our Rebel representative during uniform sizing will not be allowed to exchange poorly fitting uniforms once they are received, and will have to purchase a replacement at full cost. Likewise, athletes will be required to purchase new uniforms that do not fit due to weight fluctuations. This is why we have the Rebel representative available for sizing. Exchanges will not be available for any uniform piece(s) that has been worn.
- All routines/choreography including the music, cheers, dance, stunts, transitions, and/or tumbling sequences should be highly protected, and should not be shown/shared or discussed with others. Spirit Athletics Gems’ choreography should never be copied or taught to anyone else without consent from the owners/coaches. This includes any and all portions of music selections and editing.
- NO VIDEOS of any Spirit Athletics Gems’ team routines, choreography, or tryout material should be uploaded to any online site including, but not limited to, YouTube, Instagram, SnapChat, TikTok, and/or Facebook.
- Owners must approve all designs bearing the Spirit Athletics Gems name and/or logo. Anything created without the owners’ approval is not acceptable and cannot be sold independently or worn. The logos will have full protection and copyright.
- Athletes should not swap uniforms with other athletes at competitions or otherwise

Recognized Holiday Schedule: We are a 12-month program, beginning practice in May and concluding our season at the end of the following May. These are the following dates that we will recognize as gym holidays for the 2025-2026 season (*scheduled to change with advance notice*):

| | |
|----------------------------------|---------------------------------|
| <i>May 26</i> | <i>Memorial Day Weekend</i> |
| <i>July 4 – July 6</i> | <i>Independence Day Weekend</i> |
| <i>September 1</i> | <i>Labor Day</i> |
| <i>October 31</i> | <i>Halloween</i> |
| <i>November 26 – November 30</i> | <i>Thanksgiving</i> |
| <i>December 24 – January 4</i> | <i>Christmas and New Year’s</i> |
| <i>January 19</i> | <i>MLK Day</i> |
| <i>March 9 – March 13</i> | <i>Spring Break</i> |

Sick/Injury Policy: If an athlete is sick or must be out for any medical-related reason, we would still usually request that he/she attend practice without participating. We also require a doctor's note setting out the injury/illness, the treatment, and length of time for recovery (or sitting out). In the event your athlete is injured at home or at school during extracurricular activities, we request that you notify us as soon as possible, and we ask that you specifically notify us (actually voice-to-voice rather than leaving a message) before posting something on social media. Depending on the expected length of the illness or injury, it may be necessary for us to make choreography changes to the routine, and recovery of the athlete does not necessarily mean the athlete will be put back into the routine. The coaching staff will use its discretion to make decisions regarding whether or not that athlete will be put back into the routine after a prolonged absence necessitating a choreography change. Athletes who are sick or injured are still required to adhere to all policies and requirements, including payment of any and all fees that come due. If another athlete is selected as an alternate or substitute for the injured/ill athlete, the substituting athlete will receive the benefit of the original athlete's competition registration, *i.e.*, the substituting athlete does not need to pay that competition registration fee.

Team Practice Rules:

- ***No jewelry*** to be worn during practice, including earrings, belly button rings, rings, bracelets, anklets, and/or necklaces. This is not simply for appearances sake, but for the safety of the athlete wearing the jewelry and for those in his/her stunt groups who might be injured as a result.
- Athlete cell phones should be silent and put away during practice.
- No gum chewing during practice in the gym or during competitions.
- Any tattoos must be covered completely at all times. There can be no excessively long or sculpted nails, again for safety's sake.
- All practices are closed to athletes from other gyms. We also reserve the right to close all practices to family and friends. Practices will always be CLOSED in January and February for all teams. There is no videotaping of practice allowed.
- Anyone late or not dressed properly for practice will condition after practice. Proper practice clothing must be worn as scheduled.
- During competition season, please expect that there will be extra practices on either Thursday or Friday during competition weeks. The day will usually depend on whether the competition is being held in town or out of town.
- Each team will have a designated Head Coach and/or a team representative responsible for relaying all information to parents. Most communication will occur in monthly notes, calendars, emails, and group messaging. ***Any questions or team-related issues should be addressed directly with Head Coaches.***

Travel Arrangements: All athletes are expected to compete at all scheduled competitions. For travel outside of San Antonio, all flights and travel should be scheduled so that the athlete arrives at least one day before preliminary rounds, with scheduled return after conclusion of awards. Late arrivals to competitions and late returns that result in missed practice will not be excused.

LEVEL SKILL REQUIREMENTS

The skills listed below are the minimum requirements for a team to complete in the Level listed. While the goal is to have all athletes on a particular level team have all requisite requirements, the Coaches have discretion to utilize athletes where they are needed to round out a team. A strong base who does not have all Level 3 tumbling skills may end up on a Level 3 team because of his/her basing ability and the fact that that athlete is working on the tumbling. Likewise, a strong tumbler who has Level 4 tumbling skills may be placed on a Level 3 team because of the age grid or because there is a need for that athlete's other skills/abilities on that Level 3 team. It is our hope that all athletes progress in their individual skill levels throughout the season. As the season progresses, it may be necessary to make changes among the teams, and this skill progression enables us to utilize the athletes where they best fit.

The following are expectations and/or requirements for each Level:

Level 1:

- **Tumbling:** Each athlete must have, at a minimum, a cartwheel, round-off, forward roll, front and back walkovers.
- **Jumps:** Each athlete must be able to demonstrate three different jumps.

Level 2:

- **Tumbling:** Each athlete should have front and back walkovers, standing back handspring, and a round-off back handspring.
- **Jumps:** Each athlete must be able to demonstrate technical mastery of jumps to include pointed toes and landing with feet together, as well as a double jump combination (whip).
- **Stunts:** Each athlete must demonstrate a level-appropriate stunt (*i.e.*, prep level liberty variations, extension, straight ride basket toss).
- **Motion/Dance:** Each athlete must demonstrate an average understanding of motion techniques including sharpness and arm placement.

Level 3:

- **Tumbling:** Each athlete should have a standing back handspring series (2 or more), a punch front, and a round-off back tuck/specialty-to-back tuck.
- **Jumps:** Each athlete must be able to demonstrate technical mastery of jumps to include a triple jump combination (whip) with a least a level toe touch connected to a back handspring.

- **Stunts:** Each athlete must demonstrate a level-appropriate stunt (*i.e.*, extended liberty variations, awesome full-down cradle, inversion to sponge level, full up to prep level) and a full twist basket.
- **Motion/Dance:** Each athlete must demonstrate an above-average understanding of motion technique and counts.

Level 4:

- **Tumbling:** Each athlete should have a standing back tuck, a toe-touch/back handspring/back tuck, and either a layout or a specialty pass through to a layout (*i.e.*, a front handspring, punch front, or whip through to layout).
- **Jumps:** Each athlete must be able to demonstrate technical mastery of jumps to include a triple jump combination (whip) with an above level toe touch, and jump combination through to tuck/layout.
- **Stunts:** Each athlete must demonstrate a level-appropriate stunt (*i.e.*, extended liberty variations with a full-down cradle, inversion to prep level stunt, full up to extended stunt, double-down from 2-legged stunt, kick single baskets, kick full, and double twist basket).
- **Motion/Dance:** Each athlete must demonstrate an excellent understanding of motion technique and counts.

Level 5:

- **Tumbling:** Each athlete should have a standing full, one-to-full or two-to-full/double and a specialty pass through to a full or double full. **Important:** Athletes without standing tumbling to full or without specialty pass through to full/double will be eligible for Level 4.
- **Jumps:** Each athlete must be able to demonstrate technical mastery of jumps to include triple jump combination (whip) with a back tuck, variety, and an above-level toe touch, and jump-totwist combinations.
- **Stunts:** Each athlete must demonstrate a level-appropriate stunt (*i.e.*, extended liberty variations including an overstretch with double down dismounts, full up/double up to extended liberty variation, inversions, and kick kick/hitch kick double baskets).
- **Motion/Dance:** Each athlete must demonstrate a superb understanding of motion technique and counts.

Any questions regarding the Level Requirements should be directed to the Head Coaches.

SPIRIT ATHLETICS GEMS ALL-STAR CHEER APPLICATION

Athlete Name: _____

Date of Birth: _____ **Age as of 8/31/2023:** _____

Home Street Address: _____

City: _____ **State:** _____ **Zip:** _____

Parent(s) Email Address(es): _____

Grade for 2024/2025 School Year: _____

Any and all Pre-Existing Injuries or Medical Issues: _____

Tumbling/Standing & Round-Off Skills: _____

Stunting Strengths (including flyer, base, back spot): _____

What would be your best contribution as a team member? _____

Are you trying out and willing to accept placement on any Spirit Athletics Gems' team regardless of Level? YES / NO If not, please circle the Level(s) you are interested in/will consider and tell us why.

Level 1

Level 2

Level 3

Level 4

Level 5

NOTE: Listing only one level will NOT guarantee you being placed on that level team; however, it could eliminate you for consideration for other level teams. Please be sincere in your Answer after consideration of the Level Requirements. Use the back of this page for additional comments if necessary.

CREDIT / DEBIT AUTHORIZATION FORM

If you will be paying monthly tuition payments by credit card, we will automatically draft those payments on the 25th day of the month for the following month (*i.e.*, they will be drafted on 5/25/2024 for June tuition). Please provide a credit / debit card for those monthly tuition payments. If your credit or debit card information changes for any reason, it is your responsibility to update us before the next payment is to be drafted.

Athlete's Name: _____

Name on the Credit / Debit Card: _____

Type of Card: _____

Credit Card Number: _____ **Expiration Date:** _____

Address, including Zip Code: _____

Cardholder Signature: _____

Date: _____

FAMILY CONTACT INFORMATION FORM

Please list all phone contacts where you can be reached at all times.

Athlete's Name: _____ **Date of Birth:** _____

Athlete's Home Street Address: _____

City / State / Zip: _____

Athlete's Home Phone: _____ **Cell Phone:** _____

Athlete's Email Address: _____

Name of Parent(s) / Legal Guardian(s): _____

Mother's Home Phone: _____ **Cell Phone:** _____

Mother's Work Phone: _____ Email: _____

Father's Home Phone: _____ Cell Phone: _____

Father's Work Phone: _____ Email: _____

Emergency Contact Name: _____

Phone: _____ Relationship to Athlete: _____

PAIN RELIEVER CONSENT FORM

Spirit Athletics Gems' owners, coaches, and or staff will not provide Tylenol, Ibuprofen, Advil, Aleve, Pamprin, Midol, or any other pain reliever to any athlete without written permission / consent from a parent and/or legal guardian. Please indicate your preference by checking the appropriate option(s) and providing your signature.

_____ **NO**, I do not want medication provided to my child at any time.

_____ **YES**, I consent to my child being provided any of the medications listed above.

_____ **YES**, I consent to my child being provided only medication listed below:

1. _____

2. _____

3. _____

Athlete's Name: _____

Athlete's Team: _____

Parent Signature: _____ Date: _____

PARENT AGREEMENT / ACKNOWLEDGEMENT

Spirit Athletics Gems, LLC is a well-respected organization with guidelines and policies intended to benefit all. Please indicate your acknowledgment and understanding of each of the following policies that govern our organization by initialing each line and signing the bottom of the form before turning in. Please see the Owner/Head Coach if you need clarification or have any questions regarding anything in this packet.

Athlete's Name: _____

Parent(s) Printed Name(s): _____

I/We have read and understand the General Evaluation Information.

Parent(s) Initials: _____ Athlete Initials: _____

I/We have read and understand the Monetary Commitment.

Parent(s) Initials: _____ Athlete Initials: _____

I/We have read and understand the Exit Fee and No-Recruiting Policies.

Parent(s) Initials: _____ Athlete Initials: _____

I/We have read and understand the Program Policies and Expectations.

Parent(s) Initials: _____ Athlete Initials: _____

I/We have read and understand the Level Requirements and how those factor into the Coaches' team placement decisions.

Parent(s) Initials: _____ Athlete Initials: _____

I/We have read and understand the 2024/2025 Preliminary Competition Schedule with estimate of monthly competition/coaching fees.

Parent(s) Initials: _____ Athlete Initials: _____

2025/2026 TENTATIVE COMPETITION SCHEDULE

As of the writing of this Information Packet, the following is the tentative list of competitions that we anticipate taking our Spirit Athletics Gems teams to compete in. However, as circumstances change, we may need to make alterations to this schedule. Should that be necessary, we will give as much advance notice as possible. Also, the competition fee for the year is an **estimate** as pricing is not yet posted for these events, but it is based on past fees charged for these or similar competitions.

NCA Lone Star Classic DII

November 15, 2025

Rosenberg, TX

Jamfest – San Antonio – Classic

November 22, 2025

San Antonio, TX

Encore Grand Nationals

December 12 – December 14, 2025

Houston, TX

Hoss Spirit Championship

January 18, 2026

Seguin, TX

Cheer Power Southern Nationals DI/DII

February 7 – February 8, 2026

San Antonio, TX

NCA All-Star National Championship

February 27 – March 1, 2026

Houston, TX

USA Allstar Cheer Super Nationals

March 14 – March 15, 2026

Anaheim, CA

One Up Houston Nationals

March 28, 2026

Rosenberg, TX

Estimated \$2,100.00 per athlete for competition & coaches fees.

Payment plan of 6 payments of \$350.00 per athlete per month (June – November)