



# 2021-2022 NATIONAL STARS ALLSTAR PACKET AND CONTRACT

## HALF YEAR NOVICE

**"Success is  
not the key to  
happiness.  
Happiness  
is the key  
to success.  
If you love what  
you are doing,  
you will be  
successful!"**

**- Herman Cain**

Parents and Athletes,

I want to take this opportunity to welcome you to the Augusta Cheer Academy family. The national stars All-Star Program is now entering its 13th season, and we are honored that you have chosen us as your home. Our primary focus each season is to prepare our teams to successfully compete in the competitions they attend throughout the year. We strive to provide each athlete a positive environment to work in throughout their time in our gym. Our coaches have dedicated themselves to the sport of competitive cheerleading. Each staff member is energetic, creative, knowledgeable, and focuses on using positive and respected coaching techniques to help each athlete and team reach their goals. Our number one priority every day lies in teaching our athletes the value of commitment, sportsmanship, hard work, teamwork, leadership, self-confidence, positivity, and love for their support. Every athlete and family member is essential to our program.

This season, our Half Year team will concentrate on All-Star cheerleading components, including tumbling, jumping, stunting, dance, showmanship performance, and sportsmanship. For those of you who may be new to the All-Star cheerleading world, the length of a routine varies with each team. Per USASF guidelines, all teams are divided by age and skill level. Routines are judged based on their difficulty level, technique, creativity, and overall performance. As you read through this packet, please keep in mind that this is a binding 7-month contract that begins the day of tryouts. All-Star cheerleading is a highly team-based sport where 100% commitment is expected from each athlete. Throughout this packet, you'll find every piece of information you'll need to know as you head into the season, including important dates, pricing information, and program policies. We ask that you truly take the time to read through everything and ensure you have full knowledge of what our support entails. We once again thank you for considering the National Stars program and hope to see all of you for evaluations soon.

Sincerely,

**Rachel Utley Tambon**  
Owner of Augusta Cheer Academy



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**2021-2022**  
**Allstar Packet and Contract**



## National Stars Evaluations

### EVALUATIONS ARE THE FIRST STEP:

When joining the National Stars Program, lack of cheerleading experience, body type, and looks will not impact an athlete's placement. We look for dependability and a positive, cooperative, hard-working attitude from our athletes. We welcome both males and female athletes, born between 2005-2015, to join our teams.

### TEAM SELECTION & PLACEMENT:

By joining our half year program you are acknowledging that your athlete will be on a half year Novice team only. Evaluations for our regular season teams take place every April. As with all competitive sports, our staff will make the final decision on the placement of each athlete. Please note, this contract will stand if you commit to our program today and later pull your athlete due to commitment or placement issues.

We do reserve the right to take any previous experience (positive or negative) with both an athlete or parent, from past participation, into consideration when placing an athlete on a team.

### ALLSTAR LEVELS:

Our Program follows the guidelines set forth by the United States All-Star Federation. USASF develops competition rules and all star training guidelines consistent with the latest safety, educational, and ethical practices. For more information on the rules, policies, and division breakdowns, please visit [www.usasf.net](http://www.usasf.net).

- The difference between Tiny, Mini, Youth, Junior and Senior teams are age based only.
- The difference between each level (1-7) is based off of each athlete's ability to successfully execute the level of difficulty in tumbling and stunting.
- It is commonly misunderstood that a child being placed on a "senior" team means they are on a higher level than someone on a "junior" team. This however is not true, for example; a Junior Level 3 team is a higher level than a Senior Level 2 team.

### THURSDAY, SEPTEMBER 23: THINGS YOU MUST TURN IN

Please print out the necessary pages and have them filled out prior to the registration process. This way we can ensure it is a smooth process the day of. Feel free to call, email or stop by the gym with any questions you may have about the contract prior to registration. Both new and returning athletes will have to complete the entire evaluation process.

- Pages 4-10 of this packet filled out and signed by one parent/guardian and the athlete.
- Please have the card you are putting on file with you when you turn your paperwork in. This is how we will verify it is a working card. Otherwise, we will run the card on file for \$5 to ensure it is valid.

Please sign below to acknowledge that you have read both the introductory letter and this page in full. Please remember this is a binding seven month contract. By signing you acknowledge an understanding of the commitment to the National Stars Allstar Program. Please keep this commitment in mind as you continue through the rest of the allstar packet and contract.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# NATIONAL STARS 21-22 EVALUATION FORM

**PLEASE FILL THIS ENTIRE FORM OUT WITH YOUR ATHLETE!**

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Birthday (Month/Day/Year):** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Fall 2021 School:** \_\_\_\_\_

**1) Which stunt position do you have most experience with?**

☐ FLYER    ☐ BASE    ☐ BACKSPOT    ☐ NONE

**2) Check your stunting level for the skill circled above:**

- ☐ Level 1 (No experience or level 1 stunts: preps or single leg waist level)
- ☐ Level 2 (Preps, extensions, straight cradles and baskets, single leg prep)
- ☐ Level 3 (Extended one leg, two leg full down cradles, single skill baskets)
- ☐ Level 4 (Advanced single leg extended stunts and full downs, kick fulls, etc.)
- ☐ Level 5 (Elite single leg stunts, three skill baskets, double down, etc.)
- ☐ Level 6 (High to High tics, single leg double down, kick doubles, etc.)

**Staff Only:**  
**Team Options for Age**

**3) What are your strengths as a person and athlete:** \_\_\_\_\_

**Check ALL tumbling skills you throw on the floor WITHOUT a spot!**

Level 1	Level 2
None	Back Handspring
Forward Roll	RO BHS
Backward Roll	BWO BHS
Cartwheel	BHS Stepout RO BHS
Round-off	FWO RO BHS
Back Walkover	RO BHS Multiples
Front Walkover	Jumps Pause BHS
Cartwheel BWO	Back Ext Roll BHS
FWO Cart. BWO	Cartwheel BWO BHS
Elite Level 1 Pass	Elite Level 2 Pass

**Staff Notes:**





## Code of Conduct

### ATHLETE'S CODE OF CONDUCT:

I understand the **team** is first, and I am second. I agree to maintain a positive and competitive attitude, stay focused, and work toward the team's development. I will demonstrate high standards of conduct as a representative of the Augusta Cheer Academy, National Stars. I will refrain from negative acts, comments, or gossip about or toward fellow teammates and other squads, both on and off the cheer floor. I understand that the coaches can move me down in levels or deem me an alternate on a team if I lose skills or can no longer keep up with what is required of me. **Coaches may dismiss me at any time for disrespect, lack of effort, and anything that hampers my team's development.** I am to arrive on time for all practices and competitions. I understand I may have to come early or stay late at competitions to support other teams within the National Stars Program fully. I understand and agree to follow all written and verbal instructions given to me throughout the season. I understand and agree by initialing below that acting outside of this code will result in disciplinary action at the coach's discretion, and it could result in my dismissal from the team.

\_\_\_\_\_**Athletes Initials**

### PARENT'S CODE OF CONDUCT:

As a parent, I understand that the **team** must always be **regarded first** before any individual. I know that coaches reserve the right to place athletes on a team that gives them the best chance of success. I agree to show sportsmanlike conduct at all times during competitions for our teams as well as our competitors. I agree to respect and show compassion towards all adults and children involved with the Program. I agree to discuss all problems or concerns related to the Program, coaches, cheerleaders, or other parents directly with the coach. I agree not to air any grievances or gossip publicly should they arise. Disruptive behavior in person or on social media could result in my dismissal from the practice facility and/or my child from the team. I understand that under no circumstance will I confront any administrative personnel at competitions (judges, staff, directors, etc.) at any time. I know that by threatening to quit, pull my child from the Program, or use the National Stars Program as a form of punishment, we may be dismissed immediately. I understand I may have to come early or stay late at competitions to support other teams within the National Stars Program fully.

I will guarantee the on-time arrival of my athlete to all practices and competitions. I understand the coaches reserve the right to move my child up or down in levels on teams. Suppose my child loses skills or no longer keeps up with the skill level for the team they are on. In that case, they can and will be moved down a level or become an alternate on their current team, whichever is best for the gym as a whole. Coaches may dismiss my cheerleader at any time for disrespect, lack of effort and/or anything that hampers team development. I understand that all coach's decisions are final! Most importantly, I know that my position as an allstar parent is to provide a positive outlook for all children.

\_\_\_\_\_**Parents Initials**

## Policies, Expectations and Commitment

### POLICIES AND EXPECTATIONS:

By signing below, I acknowledge that I have read and fully understand all codes, rules, and expectations in the 2021-2022 allstar packet and contract. I know that I am entering into this Program of my own free will. I understand what is expected of me as a parent or an allstar cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a National Star. I understand this is a 7-month commitment, and I have read and understood the 2021-2022 season's financial obligation. I will honor my commitment.

I understand that if my family must move for any reason, I will not be charged a termination fee. However, I will not receive any refunds for any services rendered or items purchased. **I understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on any fees paid (including optional fees and uniform) and will be charged a \$300 termination fee or 30% of my remaining fee's, whichever amount is greater.** I understand that it will become my responsibility to fulfill any fundraiser orders with my purchasers. I understand I will not receive any items that have been purchased, but not yet received.

I acknowledge Augusta Cheer Academy shall not be responsible for any failure or delay in the performance of its obligations in the 2021-2022 Allstar Packet and Contract, which may include suspending performance or even terminating the contract, arising out of or caused, directly or indirectly, by circumstances beyond its reasonable control, including but not limited to, acts of God; earthquakes, fires, floods, wars, civil or military disturbances, epidemics, pandemics, riots, interruptions, loss or malfunctions of utilities, accidents, labor disputes or governmental actions. I understand I will only receive refunds and/or credits for competition fees and items not received.

\_\_\_\_\_**Parent**

\_\_\_\_\_**Athlete**



**Augusta Cheer Academy**  
**Allstar Evaluation Registration/Release Form**

Athletes Name: \_\_\_\_\_ Age: \_\_\_\_\_

Date of Birth (including year): \_\_\_\_\_ Grade (2021-2022): \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Athletes Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Athletes Cell Phone: \_\_\_\_\_

Mothers Work Phone: \_\_\_\_\_ Mothers Cell Phone: \_\_\_\_\_

Fathers Work Phone: \_\_\_\_\_ Fathers Cell Phone: \_\_\_\_\_

Athlete Lives With (please circle):    Mother          Father          Both          Other: \_\_\_\_\_

If someone else, please provide their information: \_\_\_\_\_

Parent's e-mail (the one that will be checked every day, you may list both parents if you would like): \_\_\_\_\_

Athlete's e-mail: \_\_\_\_\_

**Emergency Contact Information:**

Name/Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

List any special medical conditions that we should be aware of. If your athlete will need to take medication during gym hours, please list what they take and their proper dosage:

I fully understand that ACA staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize ACA coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary, to call an ambulance which I agree to pay for. As the parent or legal guardian, I agree to provide health insurance for the child or guarantee payment of any medical expenses incurred from training, competition, or participation in the ACA National Stars Allstar Cheerleading program.

I give my permission to Augusta Cheer Academy National Stars Allstars to photograph, videotape, and/or audiotape my cheerleader during any activity which may be considered for use in print or broadcast media, as deemed appropriate for the promotion of Augusta Cheer Academy, National Stars.

In consideration for (athlete's name) \_\_\_\_\_'s participation in the activities provided by ACA, including but not limited to all aspects of cheerleading, tumbling, stunting and/or competition. I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury. I release ACA, its officers, shareholders, agents, and employees, from any liability to the above named athlete, of the person claiming through him/her, arising from injury to the person or property of the above named athlete occurring on the premises of ACA; including any event sponsored or sanctioned by ACA, and or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premises liability, code violation, negligent security, failure to warm, vicarious liability, negligent hiring, negligent supervision, negligent maintenance, or improper/dangerous equipment; it is intended to be as broad as permissible under Georgia Law.

I am fully aware of the nature of the activities provided and the possibility of injuries arising from such activities. I further agree to hold harmless, indemnify and defend ACA, including its officers, shareholders, agents, and employees, from any loss, liability, damage, or cost incurred by them due to the above-named athlete on the premises or during any event sponsored or sanctioned by ACA. This release is intended to be binding upon the athlete his/her heirs, assignees, successor in interest, and anyone claiming by or through him/her. Also, I have read and understood the registration form and agree to all terms as stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in activities at ACA. In case of an emergency requiring medical treatment, the undersigned hereby authorizes ACA, to take the above-named athlete to a qualified medical or hospital facility for care and treatment. By signing below, I verify that I have read, understand, and comply with all Augusta Cheer Academy policies.

**Signature of Parent/Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Payment Option

PLEASE REFER TO PAGE 12 FOR EXAMPLES OF EACH PAYMENT OPTION

**PAYMENT OPTIONS:** Both option #1 and #2 are considered auto-draft payments. You may turn in a cash or check payment prior to the due date, however, if no alternate payment is made, your card will be run on the auto-draft date.

**Please initial beside the payment option you would like to choose for the year, and sign at the bottom of the page.**

### Payment Option #1

\_\_\_\_\_ This option allows you to pay your Monthly Tuition and Escrow together each month on the 25th before the month it is due. **This payment will be auto-drafted from your card on file however, you may pay by cash or check prior to the 25th.** EXAMPLE: On September 25th you are paying for October's tuition and escrow payment.

\_\_\_\_\_ Initial here to opt into paying all mandatory fees for the coming month on the 25th as well. This is not required, you may just have your card run on their specific due dates.

### Payment Option #2

\_\_\_\_\_ This option allows you to pay the Monthly Tuition on the 25th before the month it is due and the Escrow payment on the 15th of the month it is due. **This payment will be auto-drafted from your card on file, however, you may pay by cash or check prior to the 15th and 25th.** EXAMPLE: On September 25th you are paying for October's tuition and on October 15th you're paying for October's escrow.

### Payment Option #3 (Any Form of Payment)

\_\_\_\_\_ The 2021-2022 total for the year will be paid in one lump sum due one on September 25, 2021.

## PAYMENT AGREEMENT

• I (We) understand the commitment that we are making as a family to the National Star's Program. We intend to participate for the entire year from September 25, 2021 to April 29, 2022. I understand that I am responsible for all payments from September 25, 2021 until April 25, 2022.

• For payment option #1 I (We) understand that each athletes parent is required to provide two credit/debit cards to remain on file. I may turn in a cash or check payment, but my card on file will be run on the 25th if no payment is made. I also understand if my credit card payment does not go through on the 25th, I will be charged a late fee of \$25. \*The second card placed on file will only be debited if no other form of payment has been made by the 5th of the following month.

• For payment option #2: I (We) understand that each athletes parent is required to provide two credit/debit cards. I may turn in a cash or check payment, but my card on file will be run on the 15th (escrow) and 25th (tuition) if no payment is made. I also understand if my credit card payment does not go through on the 15th or 25th, I will be charged a late fee of \$25. \*The second card placed on file will only be debited if no other form of payment has been made by the 5th of the following month.

• I (We) understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on ANY fees paid (including payments made in full through payment option #3, optional fees and uniform). I will not receive any items that have been ordered for my athlete and I will be charged the termination fee listed on page 6. I will also be responsible for fulfilling all fundraising items with my purchasers.

• I (We) understand that all payments are due in a timely manner. A late fee of \$25 will be charged/owed if any fees are late. If my late payment is not turned in within one week of the original due date, I understand that my athlete will then have to sit out from practice. If a payment is not made within two weeks of the original due date, my athlete will be replaced by an alternate/double teamer and my contract will be terminated. I understand all past due amounts, late fees, and termination fee will still be owed.

• I (We) understand that there is a termination fee in place in the event that we do not complete the season for any reason including voluntary withdrawal and dismissal for behavior or attendance. The termination fee owed is \$300. The credit card(s) on file will be charged first and if your credit card declines or is invalid we will then run the second card on file.

**Cardholders Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_





## CREDIT CARD AND PAYMENT AUTHORIZATION FORM

Augusta Cheer Academy REQUIRES two credit card numbers remain on file for each athlete in the allstar program. Please list your credit card information below:

### Credit/Debit Card Information

Name (As it appears on your card): \_\_\_\_\_

Credit Card Number: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Billing Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Type of Card: \_\_\_\_\_ Security Code (3 digit number): \_\_\_\_\_

Expiration Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Note: We must see the card to verify all information is correct.  
If you do not bring your card or if evaluations are held virtually,  
we will run the above card for \$5 to ensure the card is valid.**

I understand and authorize Augusta Cheer Academy to charge my provided card as listed in the “Payment Agreement” only or unless I specify otherwise. This means that I can request Augusta Cheer Academy use my credit card for charges other than my monthly tuition and escrow if I notify them below. I also understand that my card will be charged a termination fee for reasons listed on page four. I can expect Augusta Cheer Academy to maintain my credit card information in confidentiality. I understand that it will remain in a locked file cabinet in the owner’s office.

**Cardholders Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ Please initial here that you understand all mandatory fees will be charged to your card on file. You may drop a cash or check payment off prior to the due date as well. If no payment is made by the due date, we will auto-draft it from your card on file.

### Second Credit/Debit Card Information

Name (as it appears on your card): \_\_\_\_\_

Credit Card Number: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Billing Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Type of Card: \_\_\_\_\_ Security Code (3 digit number): \_\_\_\_\_

Expiration Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

I understand and authorize Augusta Cheer Academy to charge my second provided card as listed in the “Payment Agreement” section. This card will be the **LAST** option for ACA to collect money owed. I can expect Augusta Cheer Academy to maintain my bank account information in confidentiality.

**Account Holders Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## ABSENCE INFORMATION & MANDATORY DATES

PROPER DOCUMENTATION MUST BE TURNED INTO THE FRONT DESK NO LATER THAN ONE WEEK PRIOR TO THE MISSED PRACTICE. THE ABSENCES WILL BE MARKED AS EXCUSED OR UNEXCUSED BY THE FRONT DESK STAFF AND PLACED IN YOUR ATHLETE'S FILE.

### EXCUSED ABSENCE EXAMPLES:

- 1) DEATH IN THE FAMILY.
- 2) SERIOUS ILLNESS OR INJURY.  
A DOCTORS NOTE MUST BE PROVIDED WITH SPECIFIC INFORMATION AS TO WHAT IS WRONG WHAT THE ATHLETE MAY OR MAY NOT DO AND WHEN THEY CAN RETURN TO PRACTICES.
- 3) GRADED SCHOOL ACTIVITIES THAT MAY NOT BE MADE UP AT ANY OTHER TIME.  
A LETTER FROM THE TEACHER/SCHOOL, A PROGRAM, ETC. MUST BE PROVIDED.

### UNEXCUSED ABSENCE EXAMPLES:

- 1) BEING TARDY TO THREE PRACTICES.
- 2) MISSING TWO TUMBLING CLASSES IN A MONTH WITH NO MAKEUP CLASS.
- 3) PARTICIPATION IN A SCHOOL SPORTING EVENT.
- 4) NON-CONTAGIOUS ILLNESS OR MINOR INJURIES.  
ATHLETES ARE STILL EXPECTED TO SIT AT PRACTICES EVEN IF THEY CAN NOT PARTICIPATE.
- 5) HOMEWORK OR NON-GRADED SCHOOL ACTIVITIES.
- 6) FAMILY VACATIONS

May-August: 3 UNEXCUSED ABSENCES

Sept-Dec: 3 UNEXCUSED ABSENCES

January-April: 2 UNEXCUSED ABSENCES

Absences may not exceed the number provided for each monthly breakdown. Roll will be taken at the every practice and any excessive number of missed practices may result in an athlete's dismissal

We take absences seriously ! Even one athlete missing from a practice severely limits the progress of the team as a whole. Excused absences will not be excused without turning in the National Stars Absence Form.



- ALL ATHLETES WHO PARTICIPATE IN OTHER SPORTS MUST TURN IN THEIR SCHEDULES TO BOTH THEIR COACHES AND THE FRONT DESK STAFF AS SOON AS THEY RECEIVE THEM OR WE WILL NOT WORK WITH THEIR SCHEDULE.
- DURING THE COMPETITION SEASON (NOVEMBER - APRIL), ALLSTARS ARE NOT ALLOWED TO MISS PRACTICE FOR ANY REASON ONE WEEK PRIOR TO A COMPETITION OR ONE WEEK AFTER.
- PRACTICES THE WEEK OF A COMPETITION ARE MANDATORY AND AN ATHLETE MAY BE DISMISSED OR REPLACED FOR THAT COMPETITION, WITH NO REFUNDS ON FEES IF ABSENT THE WEEK OF A COMPETITION.

## MANDATORY DATES

CHOREO (EXPO & NOVICE)	OCTOBER 16-17
WEEK OF NCA CLASSIC	WEEK OF JAN 24
NCA CLASSIC COMPETITION	JANUARY 29
WEEK OF ATHLETIC NATIONALS	WEEK OF MARCH 14
ATHLETIC NATIONALS COMPETITION	MARCH 19-20
SPRING SHOWCASE	APRIL 16

SIGNATURE:

(ALL SIGNATURE AREAS MUST BE SIGNED)

PAYMENT INFORMATION

HALF YEAR NOVICE:

A yearly registration fee of \$50 is added into your tuition payment for October. As a reminder all payments will be made by auto-draft unless a payment is dropped off to the front desk in advance to a payment due date. Please make all checks payable to ACA. As a reminder, the payment option you pick will determine how you make your monthly payments, please refer to page 8 for more details. These monthly totals do not include any of the additional items available for purchase. Please refer to the chart on page 13 for all of the additional items available and information on how to purchase them.

Below is a breakdown of your total Escrow and Tuition payments for the year:

- Your Escrow payment consists of competition bow, choreography, music, competition fees (the allotted fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.), and your athletes end of the year award.
- Your tuition payment covers your athlete’s two and a half total hours of practice once a week which does include tumbling. You will find a payment table in accordance to each payment option listed on the next page of this packet.

ESCROW BREAKDOWN	
Competition Bow	\$20
Choreography & Music	\$350
Competition & Coaches Fee	\$320
End of the Year Award	\$10
TOTAL	\$700

TUITION BREAKDOWN	
Practice: Every Thursday 5:15-7:00 PM - Practice 7:00-7:45 PM - Tumbling	\$125 monthly
Tumbling is included for Novice athletes, you can also sign your athlete up for any additional tumbling, jump, stunt, etc. for only \$25-\$40 per month depending on the class.	

ADDITIONAL BUDGET INFORMATION:

1. SIBLING DISCOUNT

For all Novice teams, the first sibling will pay the full tuition amount of their team and the next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted). Both athletes will pay their full escrow payments.

2. CROSSOVER/DOUBLE TEAMER:

Crossover athletes will pay their first teams tuition in full and pay 50% of their second teams tuition. They will also pay the competition, coaches, music, and choreography fees associated with their second team.

3. ADDITIONAL CLASSES:

Any additional classes; stretch, tumbling, jumps, etc. will cost an additional \$25 a month and stunt class will cost an additional \$40 a month. These classes will come out through automatic draft and payments will be run on the 25th of each month.

## Payment Option Number One:

This option allows you to pay your Monthly Tuition and Escrow together for the upcoming month on the 25th. Please note that all fees are include in the chart below, excluding your USASF fee which you will pay to USASF directly through their website when you register your athlete. Please note that only new athlete's need to purchase a uniform and we will offer a chance for you to purchase a used one at our uniform sale. As a reminder, all payments are made through auto-draft unless a payment is dropped off to the front desk in advance.

PAYMENT OPTION #1								
		SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
HALF YEAR	Tuition	\$125	\$125	\$125	\$125	\$125	\$125	\$125
	Escrow	\$125	\$125	\$100	\$100	\$100	\$75	\$75
	Fees	A: \$50	B: \$62	C:63	---	---	---	---
	TOTAL	\$300	\$312	\$288	\$225	\$225	\$200	\$200


**PAYMENT OPTION TWO:** This option allows you to pay your Monthly Tuition on the 25th of the month prior and your escrow on the 15th of the month. Please note that all fees are include in the chart below, excluding your USASF fee which you will pay to USASF directly through their website when you register your athlete. Please note that only new athlete's need to purchase a uniform and we will offer a chance for you to purchase a used one at our uniform sale. As a reminder, all payments are made through auto-draft unless a payment is dropped off to the front desk in advance.

PAYMENT OPTION #2									
		SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL
HALF YEAR	15TH: E	---	\$125	\$125	\$100	\$100	\$100	\$75	\$75
	25TH: T	\$125	\$125	\$125	\$125	\$125	\$125	\$125	---
	Fees	A: \$50	B: \$62	C:63	---	---	---	---	---
	TOTAL	\$175	\$312	\$313	\$225	\$225	\$225	\$200	\$75

**PAYMENT OPTION THREE:** With this option you pay for the entire 2021-2022 season in one lump sum. This payment is due on September 25. Please note the total listed under "yearly total" does not include your athlete's USASF fee which you will pay directly to them through their website. It does include all of the other fees that are due throughout the season.

PAYMENT OPTION #3								
		SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
HALF YEAR	Tuition	\$125	\$125	\$125	\$125	\$125	\$125	\$125
	Escrow	\$125	\$125	\$100	\$100	\$100	\$75	\$75
	Fees	A: \$50	B: \$62	C:63	---	---	---	---
	TOTAL	\$300	\$312	\$288	\$225	\$225	\$200	\$200
								YEARLY TOTAL
								\$1,750

## MANDATORY ITEMS/FEEES


	FEES			
	A: REG FEE	B. UNIFORM	USASF	C. UNIFORM
DUE DATE	Septmber 25	October 14	November 1	November 4
WHICH ATHLETES	All Athletes	New Athletes	All Athletes	New Athletes
PRICE	\$50	\$62	\$49	\$63

### REGISTRATION FEE:

Your yearly registration fee is something that we collect not only from our allstars, but from our regular recreational classes as well. This fee helps the gym to provide our clients with the use of the most up to date cheerleading equipment in the industry. Which we are excited to announce will be in a brand new, larger facility towards the end of the season.

### UNIFORM:

The 2019-2020 season brought new uniforms for all of our teams. The prices for a full new uniform can be found in the table below along with individual prices for pieces. We have split your uniform payment into two payments due October 14th and November 4th.

	UNIFORM PIECES & PRICES							
	FULL UNIFORM	CROP TOP UNIFORM	MALE UNIFORM	CROP TOP ONLY	FULL TOP ONLY	MALE TOP ONLY	SHORTS OR SKIRT	MALE PANTS
NOVICE	\$125	---	\$100	---	\$80	\$60	\$50	\$40

### USASF ATHLETE MEMBERSHIP FEE:

All allstar cheerleaders are required to be members of the U.S. All Star Federation. This \$30 fee creates USASF Official Event Rosters for teams that include a listing of team members, their Athlete ID numbers, birth-dates and confirmed ages. Programs submit USASF Official Event Rosters to event producers at event check-in, instantly confirming athletes' ages. It saves time at event check-in by eliminating the need for coaches to carry birth certificates to events. It is consistent with standard practices of youth sports organizations and is secure.

Please make sure you also turn in a copy of your athlete's birth certificate at the time of evaluations so we can have it on file for their USASF account. This will only be required for new athlete's.



ADDITIONAL OR EXTRA ALLSTAR ITEMS

SHOES:

Novice athletes will purchase shoes of their choosing. I will send out a link to a poplar cheerleading website that offers a variety of brands with a wide array of pricing options.

COMPETITION BOW:

Our allstars will wear a competition bow in their hair at each competition. These bows are not to be worn during regular practices. They are meant for competitions and performances only.

If you would like to order an extra competition bow for your athlete, you may due so through the front desk on October 7th: Novice (\$20)

NATIONAL STAR GEAR:

NATIONAL STARS GEAR					
	YOUTH BACKPACK	SLING BACKPACK	RED OR BLACK BACKPACK	NATIONAL STARS GEAR: T-SHIRTS, HOODIES, SWEATSHIRTS, ETC.	
	NOVICE	\$95	\$95	\$115	\$25-\$60
	OCT 7	OCT 7	OCT 7	OCTOBER 11-25	
ITEMS LISTED INCLUDE TAX AND SHIPPING PRICES. THIS IS NOT A FULLY COMPREHENSIVE LIST OF ITEMS THAT MAY BE LISTED THROUGHOUT THE SEASON.					

SPONSORSHIP:

Competitive cheerleading can be costly and sponsorships are a great way to ease these costs. This is a great opportunity for grandparents, family friends, business owners, etc. to help support your athlete. Sponsors can donate as much or as little as they want and any sponsorship you receive will go straight to your athletes account. We have forms that you can pick up form the front desk or print off of the website.

## PROGRAM COMMITMENT

### MAKE THE NATIONAL STARS A PRIORITY:

When joining the National Stars Program, we would like everyone to remember that you agree to make us a priority within your athlete's life and schedule. We know that our athletes take part in many other activities both within school and outside of it. We do our best to work with everyone's schedules, but we expect you to work with ours as well.

Any practice that is missed hinders the progress of the entire team. We need every team member present to practice effectively. We expect all athletes to attend all scheduled practices and have provided you with extra practice days for the season as well. You will find more information on practices within the next section of the packet.

- **Tardiness:** Arriving 15 minutes late to practice or competition.
- **Absences:** Missing a practice completely or leaving early from practice or competition.
- If you are going to be five minutes late, you must call the front desk or contact your coach directly.
- If you need to leave early from practice, please let your coach know at least three days in advance.

### VACATION & HOLIDAY CLOSINGS:

Throughout the year, we follow the Columbia Country School schedule pretty closely, with the exception of a few days. Please do not ever assume we are closed; instead, you can refer to the calendar on the last page for all of our important dates throughout the season.

Because we have so many vacation absences throughout the summertime, we will be closed for an entire week for the 4th of July. This gives you time to take any major vacation to avoid running over your absences for the summer. Please take advantage of these days off, July 3-10. If you have any summer vacations already scheduled, please go ahead and fill out an absence form to turn into the front desk. These may also be emailed in.

### DO NOT USE CHEER AS A REWARD/PUNISHMENT:

We understand you know what is best for your child, and we value your authority. However, once you are a part of the National Stars program, you are committed for the entire season. When athletes are pulled from practices or competitions as punishment for something done outside of the gym, a severe disservice is done to the other members of their team. It is unfair to the team, the coaches, and the other parents who also pay for their child to be a part of this Program. The absence of even one athlete can hurt an entire practice.

We understand school is vital. However, pulling your child from any required activity within the gym as punishment for bad grades will not be tolerated. Please understand when signing up for our program, school is to be managed along with practices. As a reminder, if you make any threat to pull your child from the Program, we reserve the right to dismiss your athlete from our Program immediately. Please refer to page 6 for full details on our rules, codes of conduct, and termination policy.

## NATIONAL STARS PRACTICES

### PRACTICES AND TUMBLING CLASSES:

Your team will practice every Thursday with practice from 5:15-7:00 p.m. and tumbling from 7:00-7:45 p.m. Tumbling is a mandatory part of their practice day.

**1) EXTRA PRACTICES:** Extra practices can be called at any time. The majority of extra practices will take place during competition season (January-April). An extra practice can be scheduled due to illnesses of an athlete, injuries, a teammate that has to be replaced, or simply at the coaches discretion. We try not to limit the number of extra practices within a season, BUT situations do arise where we have no choice but to schedule them. Please note some extra practices are already listed in the calendar provided in this packet. You will find it on the second to last page.

\* If we schedule an extra practice for any significant incident, the Friday before the competition, you are still **REQUIRED to attend**. We understand some of you may plan to travel the night before, but you will have to wait to leave until after the scheduled practice if we have no other choice. Once again, it is vital to have every team member at these practices, to ensure an efficient and effective practice.

**2) SCHEDULED EXTENDED PRACTICES:** Please note that a coach may choose to extend the time of a team's practice. This can be done for one practice to allow them to get certain things accomplished for a deadline, such as choreography or a competition. This may also be done for several practices in a row if necessary. Please keep in mind this is only done if a team needs the extra time within the gym, and we ask that you respect that and work with us.

**3) PRACTICES BEFORE & AFTER COMPETITIONS:** All practices that are both the week of competition and the week after are mandatory, whether it is a planned or unplanned practice. If your athlete misses any mandatory practice before a competition for any reason, they may be replaced for that competition. Suppose they miss the week after a competition when changes are made based on the score sheets. In that case, our coaches reserve the right to replace your athlete if necessary.

**4) PRACTICES RUNNING PAST DISMISSAL TIME:** Please note that a coach may unintentionally run a practice past its regularly scheduled time. If this happens, it will not run any longer than 15 minutes past the scheduled time. This is not a regular occurrence throughout the season but may happen around competition time.

**5) TUMBLING CLASSES:** Your team will have tumbling included in part of their practice time. If your athlete would like to take any additional class; including tumbling, stunt, stretch, or jump, the second class will cost an additional \$25, which will come out through automatic draft on the 25th of each month.

#### **GUIDELINES FOR PRACTICES:**

- 1) Athletes must be on time and ready to go (shoes on, hair up, etc.) before the start of practice.
- 2) Athletes are expected to follow the dress code outlined on the next page.
- 3) Athletes are expected to wear their shoes and practice wear throughout the entire practice.
- 4) Athletes must place all cell phones in a bucket at the front of the floor. They must turn cell phones off before practice begins. If a cell phone is on during practice, it will be taken and picked up from the desk following practice. If this happens three times, his/her cell phone will no longer be allowed.
- 5) No eating or drinking on the gym floor. Small snacks are allowed during water breaks in the cubby area. Please refrain from bringing fast food and entire meals into the gym.
- 6) Do not bring valuables into the gym. We are not responsible for any items left unattended.

#### **DRESS CODES FOR PRACTICES:**

- 1) The practice uniform will consist of a black top and black shorts.
- 2) Please understand we request that athletes follow these guidelines so that the team is easier to watch as a whole during practice. Suppose we see any athlete repeatedly not wearing the correct practice wear. In that case, we will contact you, the parent, about the issue.
- 3) Maintain a well-groomed appearance and good hygiene at all times.
- 4) All athletes hair must be kept out of their face. Hair should be up high in a ponytail. Athletes are not required to but may wear any red, black, or white bow of their choosing.
- 5) Nails must be kept at their fingertips to avoid scratching other athletes while stunting.
- 6) No jewelry is allowed except for small stud earrings.

## **VIEWING PRACTICES:**

National Stars practices are closed to the parents; however, coaches will do their best to post videos regularly for parents to see each team's progress. It is imperative that each athlete remain focused on the coach and training during each practice and not be distracted by a family member's attendance. Coaches must be the sole authority during team practices because they are responsible for each team's safety. Safety is our primary concern, and even one athlete becoming distracted could affect the team in a harmful manner. If a coach feels their squad is not paying attention, the coach may request any visitors leave the viewing area.

During the competitive season (January-April), the coaches may encourage the parents to come into the gym to view the last few minutes of practice and watch a team's performance. You will be asked to go in by your athlete or coach when it is allowed. When parents do not view practices throughout the year and wait until November-April, we find that our athletes shine because they want to impress you! It is exciting for them to show you how hard they have been working, which has less of an impact if you are frequently viewing a practice.

## **INJURED ATHLETES:**

It is unfortunate, but we do have athletes that sustain injuries throughout the season. Most injuries are minor, and if they are injured, no matter the severity, they are still required to attend all practices. Why? Injured athletes can observe the routines, see any changes made, listen to the coach's instructions, help teach their replacement and cheer on their teammates. Their attendance and support is always needed even if they cannot physically participate. You will continue to pay your athletes monthly tuition and escrow fees during the time of their injury as a new athlete steps in to take their place on the team.

Suppose an athlete is injured and cannot compete at a scheduled competition. In that case, a refund will not be given because a replacement will have to be filled into the injured athletes spot. Please understand the team was built around everyone on the team. The team cannot do without any members. A replacement will go in for as long as the athlete is injured. If the injured athletes team wins a jacket, the injured athlete may pay to receive a jacket. The replacement athlete will have priority to the jacket because they competed with the squad during the competition in which it was earned.

An injured athlete will not simply go back in the routine after they are released from the doctor; this decision will be dependent on several factors, including but not limited to:

- 1) The length of time until the next competition.
- 2) If they can physically participate to the best of their abilities during any practice the week of a competition.
- 3) The athletes ability to go back into a routine at the level they left it.

Please keep in mind that changes may have to be made to fix any injured athlete's position, so it may take more than a week to put the athlete back into the routine. An athlete will not be put back in a routine the week of competition. Rachel and the coach will make all final decisions regarding an athlete's placement back into a routine after an injury.

## **WEEKEND AND HOLIDAY PRACTICES:**

Some practices that take place on Sundays or Mondays may fall on a holiday, If this is the case with your athletes practice, do not assume that they will not have practice. Please refer to the allstar calendar within the packet to see the full list of holiday closings for the gym. Practice attendance the week before any major holiday will be considered mandatory. For example all practices June 28-July 2 will be mandatory as this is the week before we are closed for The Fourth of July. Please refer to the calendar on page 29 for our full listing of Holiday closings.

# COMMUNICATION

## **CHAIN OF COMMUNICATION:**

Parents should take any questions, concerns, or problems regarding your athletes' team, practice schedule, competition schedule, etc., to the Team Mom's first. Many of these concerns can be addressed and solved by the Team Mom so that the coaching staff can focus on any more significant issues that may need to be addressed. If the Team Mom cannot be of assistance, then the Head Coach is the second person in your communication line. We also provide parents a chance to meet with coaches monthly; please refer to the "Monthly Meetings" section for further details. If you feel that talking with your Head Coach will not resolve the situation, please do not hesitate to call the front desk and set up a meeting with Rachel.

## **TEAM MOM:**

The Team Mom will be the first person you go to with any simple questions you may have about your athletes team, practice schedule, competition schedule, etc. If the Team Mom feels that she can not correctly answer your question or should not be in charge of handling the situation, she will direct you to your teams Head Coach.

The Team Mom will also be responsible for ensuring that you receive any necessary updates from the coaches throughout the season. We will have a Facebook group for each team that both the team mom and coaches will update you on. This forum will not be used for personal questions to the Team Mom or coaches but questions that other parents may find informative. On the day of competition, the Team Mom will use the Band App to communicate important information promptly. We will send out the individual team Band information closer to the competition season.

## **DIRECTOR OF COMMUNICATION:**

Meredith Dailey, who has served as both an allstar coach and Assistant Program Director within the gym, will once again serve as our Director of Communications, a position she has held for five seasons. Meredith sends out all of the gym's important information through emails, newsletters, social media posts, etc. She is also in charge of managing the website, creating travel packets, and various projects within the gym. Meredith does not live in the Augusta area. Still, you will see her in and out of the gym throughout the season and competitions.

## **ALLSTAR ACCOUNTS MANAGER:**

Heather Bolen will once again be serving as the Allstar Accounts Manager. Heather has been with the National Stars program for six years as part of our front desk staff. She has been an office manager for over ten years. She is well qualified to keep accounts and all business matters organized and up to date. Heather will also be serving at the head of fundraising and will be available to answer any fundraising questions you have throughout the season.

## **ALLSTAR COORDINATOR:**

Laura Ashley Ross will once again be serving as our Allstar Coordinator this season. Along with coaching, LA also works behind the scenes to keep details organized throughout the competition season. LA is in charge of ordering practice wear/uniforms, helping out with USASF, registering teams for competitions, setting up "Stay Smart" hotel information and other organizational details. LA also manages the recreational tumbling schedules throughout the season.

## **EMAIL COMMUNICATION:**

Organization is an essential aspect of our Program. The primary source of communication will be through your e-mail. Please make sure you provide us with the e-mail you check daily. We encourage our athletes to put an e-mail address on file and allow them to stay up-to-date. Timely and accurate communication between coaches and parents/cheerleaders is crucial to us. The e-mails you receive throughout the season will be coming from our e-mail account [allstars@augustacheeracademy.com](mailto:allstars@augustacheeracademy.com) as well as through MailChimp. Please make sure you add this address to your contacts and do not choose to unsubscribe at any time.



**PARENT/COACH MEETINGS:**

Throughout the season, we offer an open door system at the end of practices to allow parents to come in and meet with their athlete's coaches. You will be able to set up an end-of-practice appointment for the first week of every month. Starting in June, I will send out information on setting up a meeting with your athletes coach. This will be an optional time for you to come into the gym and hear what your athlete is doing well on and what they need to be working on throughout the season. Depending on teams extended and extra practices during the competition season, meeting schedules may vary, but our coaches will always be available to talk with you.

**THE BAND APP:**

When your child has been placed on a team, we will send out information to join your teams Band groups. We know most of you are familiar with this app as many of the competition companies now use it to communicate throughout their events. We will use this for small and timely reminders or announcements. On the day of the competition, the Team Mom will use your group to communicate important information about meeting times and places or any changes in the schedule.

**TEAM FACEBOOK PAGES:**

Once teams have been formed, we will be setting up a closed, private Facebook group for each team. The information for each group will be emailed out once they have been set up. This group will be utilized by the coaches and team moms to keep you updated on practice times and what is happening in practices as each team progresses. The Facebook group will also be a forum for you as parents to post and ask questions or post your pictures and videos of the team for other parents to see. Please note that if you have a specific issue with your coaches, this will not be the forum to contact them. You will have each coaches individual information and can contact them directly.

**NATIONAL STARS PRIVATE FACEBOOK PAGE:**

Once your athlete has been placed on an allstar team, we ask that you please become a member of our private page. This is the page where we post pertinent information throughout the season to keep you as updated as possible—Augusta Cheer Academy "National Stars" (OFFICIAL PAGE). If you have asked to be accepted to the Facebook page and have not yet been approved, email [allstars@augustacheeracademy.com](mailto:allstars@augustacheeracademy.com) so we can add you.

**WEEKLY NEWSLETTER:**

Every Sunday (excluding Holiday weekends and competition weekends), Meredith will send out a weekly newsletter that has all of the information you'll need for the week ahead. Whether it's a friendly reminder about an upcoming payment, important dates in the coming weeks, or simply a shout out to teams on a job well done, it will have all of the information you need to get your week started off right! The newsletter will be sent in the form of an email from [allstars@augustacheeracademy.com](mailto:allstars@augustacheeracademy.com).

# PROGRAM RULES/GUIDELINES

## ATHLETE DISMISSAL:

Athletes may be dismissed from the team, practice, or competition at any time if they or their parent(s) are obstructing a team's progress in any way. Threats implied to leave, quit, not attend a competition or anything that might hurt the team may cause immediate dismissal with no refund given. **Practices are mandatory the week of competition and the week after, whether these practices are planned or unplanned.** Suppose an athlete misses practice the week of competition. In that case, that athlete can be replaced for that competition with no refund given. Team commitment is critical, and a missing athlete is disruptive to the team and will not be tolerated.

## GENERAL RULES FOR ALL:

Good sportsmanship, polite manners, and a kind disposition are expected at all practices and competitions. Our program prides itself on setting a high standard of conduct. Help us maintain this standard:

- 1) No gossip about
  - A) Any other allstar program or school teams.
  - B) Any child or parent on your team or another team.
  - C) Any coaches and staff.
- 2) No profanity or abusive language.
- 3) You must arrive at all practices, competitions or any scheduled event on time.
- 4) During practices, all decisions are left to the discretion of the coaches and the chain of communication should be followed if there are any questions or issues regarding decisions being made.
- 5) No negative comments should be on Facebook, Twitter, websites, blogs, or group chats. As a representative of the gym, any post made that includes the ACA name, National Stars name, logo, or any imagery of the uniform and practice wear in any light, positive or negative, is forbidden without express permission. **EXAMPLE:** A TikTok video with inappropriate language or content in the music while your athlete is in their practice wear.
- 6) No one is allowed to post National Stars music, choreography, routines, stunts etc., on any website until the competition season has come to an end and Meredith has given permission.
- 7) Practices are subject to change, and you are expected to adjust your schedule accordingly.
- 8) All cheerleaders and family members are expected to show good sportsmanship at all times.
- 9) Every team will be required to watch other National Stars teams at competitions. We would love to have everyone there for all teams, but at the very least, you are required to watch your assigned teams.
- 10) Parents, relatives, friends, and cheerleaders are never allowed to speak with competition officials for any reason.
- 11) If a problem arises between you and another parent or your athlete and another athlete, we expect everyone to act appropriately. No one should approach another parent or child directly, but instead follow the chain of command so it can be addressed with all parties involved during a meeting with your coach and/or Rachel.
- 12) Remember that the team is first and the individual is second.

## PARENT RULES:

As parents, you all want the very best for your children, and we understand that. As parents of our athletes, we ask for 100% support from you at all times. Please remember that children can often misunderstand situations; therefore, please feel free to contact us for an open discussion if any questions arise. In competitive cheerleading, as in any other competitive sport, parents may gossip or inadvertently coach their athlete in a way that affects their athlete and team as a whole. Our main goal is to encourage our athletes to have fun while working hard. Our coaching staff will reinforce the support and encouragement that we ask you to provide to your child as he/she works toward achieving their individual and team goals. Please understand that to provide the safest and best training atmosphere for your child; we respectfully ask your support in the following areas:

- 1) If you ever have a problem with anything, please do not hesitate to contact the gym. We are here for you.
- 2) If you have any questions or concerns that need immediate attention, please use the following chain of command:

- A) Team Mom
- B) Head Coach
- C) Rachel

- 3) Only athletes and coaches are allowed in the gym during practice and tumbling times.
- 4) It is the parent's responsibility to know what is going on with your child's team. Please check the private Facebook page and/or your email every day. Meredith works hard to provide everything you need to know throughout the season, and no one should ever be uninformed.
- 5) While we want our allstars to use the gym as much as possible, no child should be dropped off at the gym to do any form of unsupervised work.
- 6) Withholding a child from practice or competition should never be used as a form of punishment.
- 7) Parents are not allowed to claim representation for the National Stars Program at any time concerning accommodations, competitions or any other situation.

#### **ATHLETE RULES:**

As a National Stars athlete, we expect you to uphold each of these rules because you are the face of the National Stars Program. We want you to be proud to be a part of the most successful gym in our area. You are the reason we are as successful as we are. Your time within our National Stars family will be rewarded with your hard work and teamwork. Please follow these rules to ensure your success this season.

- 1) It is mandatory to wear the appropriate practice wear to every practice.
- 2) No profanity, disrespect, or back talking will be tolerated. You will respect your coaches, the ACA Staff, and your teammates.
- 3) Stay on top of any information sent out. You may set up your e-mail to be active to stay informed.
- 4) Cell phones are to be turned off at the beginning of practices and tumbling classes. If this becomes a problem, we will take these items and have your parents pick them up.
- 5) Balancing schoolwork and allstar practice is your responsibility when joining this Program. Homework is not an excuse for missing practice.
- 6) Please remember you have committed for the entire year. We will work with you as best as possible on your other activities outside of the National Stars. However, please communicate with us at least a month in advance for any major events.
- 7) Your body needs to be in top physical shape. Please take care of your body outside of the gym by eating healthy, continuing to exercise, and managing other sports and activities responsibly on your time off.
- 8) We will continue to be the most positive and supportive gym within the CSRA. Good sportsmanship is a must inside and outside of our Program. Nothing else will be tolerated. Be respectful and supportive to all other gyms, at competitions, and to any official.
- 9) Remember it is team-first, individual second. Put trust in your coaches because we know what is best for the team.

## COMPETITIONS AND PERFORMANCES

### TENTATIVE SCHEDULE:

Please note that this schedule is not the final schedule, only a tentative one. These dates, locations, and competitions are subject to change throughout the season. We will send out the final schedule to you in the fall once all of the competition dates and locations have been finalized by the competition companies. Please look carefully at the dates, places, and teams attending.

COMPETITIONS	WHO?	WHERE?	WHEN?
NCA CLASSIC	All Novice Teams	Atlanta, GA	January 29, 2022
ATHLETIC NATIONALS	All Novice Teams	Atlanta, GA	March 19-20, 2022
SPRING SHOWCASE	All Novice Teams	Evans, GA	April 16, 2022
PLEASE NOTE THE END OF THE YEAR SHOWCASE IS CONSIDERED MANDATORY FOR ALL NOVICE ATHLETES . THIS WILL BE A FUN CHANCE TO SHOWCASE EACH TEAMS SUCCESSES THROUGHOUT THE SEASON.			

**PLEASE NOTE:** Your team will have their routine choreography on October 16-17. Please keep the entire weekend open! Exact times times will be emailed out closer to that time. Choreography will be closed to all parents, friends and family members. The week prior to choreography and the week following choreography will also be mandatory in order to ensure every athlete remembers and understands their routine.

### TRAVEL & "SMART STAY" BOOKING:

- 1) You will not be required to book a hotel, however, depending on your teams competition time you may want to. These exact times will not be known until the week of the competition.
- 2) Your method of traveling to each competition is up to each family. Most drive separate vehicles but some families like to ride together.
- 3) Each cheerleader must have a chaperon at every competition. It is not your coach, Team Mom or the National Stars staff's responsibility to be your child's chaperon.
- 4) Every athlete is required to attend their team's award ceremony.

### TRAVEL PACKETS:

This season competition companies were very delayed in getting information out, due to the ever changing rules and regulations due to Covid. We always do our best to ensure you get your teams schedule and packet as soon as the times have been finalized and released. The travel packet will contain all of the vital information necessary for each competition. You are responsible for reading through the packet and having it on you the day of a competition. All packets are sent through a Dropbox link to allow for changes to be made easily if changes occur.

### SUPPORTING ONE ANOTHER:

Should competitions transition back to allowing spectators to move in out of arenas more easily, other teams will again be expected to cheer and support each other. Depending on the time a team is scheduled to meet, enter warm-ups, or compete, not all teams will be able to watch. Meredith will lay out specified teams in the travel packet e-mailed out the week of the competition. If a team cannot watch another team because of their schedule, the parents may be required to support in their absence. Our teams compete more successfully when each squad knows that they have a great support system in place and cheering just for them.

## MISCELLANEOUS ITEMS

### LOGO & TEAM NAME USAGE:

Parents and athletes may not reproduce any form of the Augusta Cheer Academy and National Stars logos, gym and Program names, team names, etc. in any form or fashion. The Staff at ACA are the only ones permitted to

design and/or sell t-shirts, magnets, bags, etc. Any item made using the ACA name and logo, the National Stars name and logo, the Team Names, music quotes, etc., will not be allowed. If you have any questions regarding this, you may contact Meredith or Rachel for further information.

**SOCIAL MEDIA POLICY:**

Athletes are not allowed to create any social media accounts that use their team's name, the gym or Program name, etc., without express permission from Meredith. This includes but is not limited to; Instagram, TikTok, Snapchat, Facebook, Twitter, etc. Athlete's are expected to follow the gym rules and guidelines showing sports-manship, manners and respect in any posts that are made when tagging the gym's location, wearing any National Stars or ACA clothing items, or posting content that is clearly within the gym.

**PROFESSIONAL PICTURES:**

Branch Carter will be taking our team and individual pictures again this season. Please mark your calendars for Thursday, February 10th. All athletes will be required to attend. It will be your option to buy the packages that will be available, including buttons to wear to the competitions.



# 2021-2022 CALENDAR



- OPTIONAL ITEMS TO PURCHASE
- FUNDRAISER
- MANDATORY EVENTS
- MANDATORY MONEY DUE
- COMPETITIONS

## SEPTEMBER

SEPTEMBER 23	EVALUATIONS
SEPTEMBER 25	FIRST PAYMENT DUE

## OCTOBER

OCTOBER 11-12	GYM STILL OPEN DESPITE FALL BREAK
OCTOBER 11-25	ORDER NATIONAL STARS GEAR
OCTOBER 16-17	ROUTINE CHOREOGRAPHY
OCTOBER 19	FUNDRAISER BEGINS

## NOVEMBER

NOVEMBER TBD	GUITAR PULL: PRACTICES MANDATORY
NOVEMBER 16-19	PRACTICES MANDATORY
NOVEMBER 20-27	GYM CLOSED FOR THANKSGIVING

## DECEMBER

DECEMBER 15	JANUARY TUITION DUE EARLY
DEC 20 - JAN 1	GYM CLOSED FOR THE HOLIDAYS

## JANUARY

JANUARY 3	PRACTICES RESUME
JANUARY 10	FUNDRAISER BEGINS
JANUARY 17	CLOSED FOR MLK JR. HOLIDAY
JANUARY 27	MANDATORY PRACTICE
JANUARY 29	NCA CLASSIC - ATLANTA, GA

## FEBRUARY

FEBRUARY 21	GYM CLOSED FOR HOLIDAY
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## MARCH

MARCH 19-20	ATHLETIC NATIONALS - ATLANTA, GA
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## APRIL

APRIL 2-9	GYM CLOSED FOR MASTERS WEEK
APRIL 14	PRACTICE MANDATORY
APRIL 16	SPRING SHOWCASE
MAY 6-8	2022-2023 TRYOUTS

# NATIONAL STARS ABSENCE REQUEST FORM

PROPER DOCUMENTATION MUST BE TURNED INTO THE FRONT DESK NO LATER THAN ONE WEEK PRIOR TO THE MISSED PRACTICE. THE ABSENCES WILL BE MARKED AS EXCUSED OR UNEXCUSED BY THE FRONT DESK STAFF AND PLACED IN YOUR ATHLETE'S FILE.

## EXCUSED ABSENCE EXAMPLES:

- 1) DEATH IN THE FAMILY.
- 2) SERIOUS ILLNESS OR INJURY.  
A DOCTORS NOTE MUST BE PROVIDED WITH SPECIFIC INFORMATION AS TO WHAT IS WRONG WHAT THE ATHLETE MAY OR MAY NOT DO AND WHEN THEY CAN RETURN TO PRACTICES.
- 3) GRADED SCHOOL ACTIVITIES THAT MAY NOT BE MADE UP AT ANY OTHER TIME.  
A LETTER FROM THE TEACHER/SCHOOL, A PROGRAM, ETC. MUST BE PROVIDED.

## UNEXCUSED ABSENCE EXAMPLES:

- 1) BEING TARDY TO THREE PRACTICES.
- 2) MISSING TWO TUMBLING CLASSES IN A MONTH WITH NO MAKEUP CLASS.
- 3) PARTICIPATION IN A SCHOOL SPORTING EVENT.
- 4) NON-CONTAGIOUS ILLNESS OR MINOR INJURIES.  
ATHLETES ARE STILL EXPECTED TO SIT AT PRACTICES EVEN IF THEY CAN NOT PARTICIPATE.
- 5) HOMEWORK OR NON-GRADED SCHOOL ACTIVITIES.
- 6) FAMILY VACATIONS

May-August: 3 UNEXCUSED ABSENCES

Sept-Dec: 3 UNEXCUSED ABSENCES

January-April: 2 UNEXCUSED ABSENCES

Absences may not exceed the number provided for each monthly breakdown. Roll will be taken at the every practice and any excessive number of missed practices may result in an athlete's dismissal

We take absences seriously ! Even one athlete missing from a practice severely limits the progress of the team as a whole. Excused absences will not be excused without turning in the National Stars Absence Form.



- ALL ATHLETES WHO PARTICIPATE IN OTHER SPORTS MUST TURN IN THEIR SCHEDULES TO BOTH THEIR COACHES AND THE FRONT DESK STAFF AS SOON AS THEY RECEIVE THEM OR WE WILL NOT WORK WITH THEIR SCHEDULE.
- DURING THE COMPETITION SEASON (NOVEMBER - APRIL), ALLSTARS ARE NOT ALLOWED TO MISS PRACTICE FOR ANY REASON ONE WEEK PRIOR TO A COMPETITION OR ONE WEEK AFTER.
- PRACTICES THE WEEK OF A COMPETITION ARE MANDATORY AND AN ATHLETE MAY BE DISMISSED OR REPLACED FOR THAT COMPETITION, WITH NO REFUNDS ON FEES IF ABSENT THE WEEK OF A COMPETITION.

ATHLETE: \_\_\_\_\_

TEAM: \_\_\_\_\_

ABSENCE DATES: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

REASON FOR ABSENCE: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

STAFF ONLY:

Date: \_\_\_\_\_

Excused:

Unexcused: