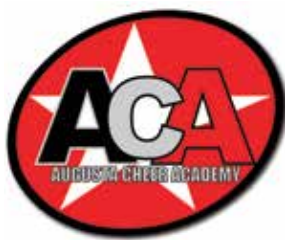




2024-2025
National Stars
CHEERABILITIES
PACKET & CONTRACT



NATIONAL STARS

COME BE A STAR!

INTRO

PARENTS & ATHLETES

The National Stars Allstar program is now entering its 16th season, and we are honored that you are considering us as your home. Our primary focus each season is to prepare our teams to compete successfully at each competition they attend throughout the year. In addition, we strive to provide each athlete with a positive environment throughout their time in our gym. Our coaches have dedicated themselves to the sport of competitive cheerleading. Our staff members are energetic, creative, knowledgeable, and focus on using positive and respected coaching techniques to help each athlete and team reach their goals. Our number one daily priority is teaching our athletes the value of commitment, sportsmanship, hard work, teamwork, leadership, self-confidence, positivity, and love of this sport. Every athlete and family member is essential to our program.

CheerABILITIES will be a new division for us this season, but we are excited to expand and provide the allstar experience for anyone looking to be a Star! This team will concentrate on all Allstar cheerleading components, which includes tumbling, jumps, stunts, dance, showmanship, performance, and sportsmanship. For those of you who may be new to the Allstar Cheerleading world, the length of a routine varies with each team. Per USASF guidelines, all teams are divided by age and skill level. Routines are judged based on difficulty

level, technique, creativity, and overall performance. Please keep in mind that committing to our Program means signing a binding, 12-month contract that begins the day of tryouts. Allstar cheerleading is a highly team-based sport where 100% commitment is expected from each athlete.

We ask that you truly take the time to read through everything and ensure you fully know what this sport and becoming a National Star entails. We again thank you for considering our program.

THE EVALUATION PROCESS

CheerABILITIES athletes will come in Saturday, May 11th from 1:00-2:00 PM. This will be a chance for us to meet everyone, make sure our athletes are comfortable in the gym, and give parents a chance to meet our coaching staff.

All athletes will be expected to attend in-person evaluations except those who have not yet moved to the CSRA. If you have not yet made it to the Augusta area, a video evaluation will need to be submitted as follows:

- **Tumbling** - Please send standing & running examples of the most elite skill(s) your athlete can throw without a spot from the skills table below.
- **Current Season Routine** - Please provide us with your athletes current Program and team name, if they have videos we can pull from VarsityTV. Otherwise please provide a video of your athletes current season routine.
- **Jumps** - Please provide a video of you athletes toe-touch.
- **Letter of Recommendation** - Please provide a letter of recommendation from a previous coach, gym owner, program director, etc. Letters can be emailed to allstars@augustacheeracademy.com.

When joining the National Stars Program, a lack of cheerleading experience, body type, and looks will not impact an athlete's placement. Instead, we look for dependability and a positive, cooperative, hard-working attitude from our athletes. Therefore, we welcome male and female athletes ages 6+ or born in 2018 or before.

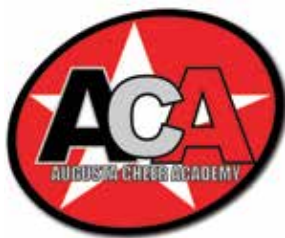
EVALUATION & REGISTRATION FEE

We will once again be combining our Evaluation Fee and Program Registration into one.

- Program Registration Fee: \$70
- Evaluation Fee - \$30

Once you have turned in your Allstar Packet and Contract, we will split the \$30 Evaluation Fee and the \$70 Program Registration Fee between the first and second card on file to ensure authenticity of both.





NATIONAL STARS

COME BE A STAR!

REGISTRATION & RELEASE FORM

Athletes Name: _____

Athletes Age: _____ Date of Birth: _____ Grade 24-25: _____

Mother/Guardian Name: _____ Father/Guardian Name: _____

Athletes Home Address: _____ Who does the athlete primarily live with? _____

City: _____ State: _____ Zip: _____

Athletes Cell Phone: _____ Mothers Cell Phone: _____ Fathers Cell Phone: _____

Email - Please list the one that will be checked every day, you may list both parents if you would like.

Primary Email: _____ Secondary: _____

Athlete's Email: _____ Would you like your athlete to receive team specific emails? _____

EMERGENCY CONTACT INFORMATION

Name: _____ Relationship: _____ Phone: _____

List any special medical conditions that we should be aware of. If your athlete will need to take medication during gym hours, please list what they take and their proper dosage. CheerABILITIES athletes we will have space later on for you to go more in-depth on your athletes medical health.

I fully understand that ACA staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize ACA coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary, to call an ambulance which I agree to pay for. As the parent or legal guardian, I agree to provide health insurance for the child or guarantee payment of any medical expenses incurred from training, competition, or participation in the ACA National Stars Allstar Cheerleading program.

I give my permission to Augusta Cheer Academy National Stars Allstars to photograph, videotape, and audiotape my cheerleader during any activity which may be considered for use in print or broadcast media, as deemed appropriate for the promotion of Augusta Cheer Academy, National Stars.

In consideration for (athlete's name) _____'s participation in the activities provided by ACA, including but not limited to all aspects of cheerleading, tumbling, stunting and/or competition. I am fully aware that any activity involving motion, height, or athletic training creates the possibility of serious injury. Therefore, I release ACA, its officers, shareholders, agents, and employees from any liability to the athlete named above, of the person claiming through him/her, arising from injury to the person or property of the athlete named above occurring on the premises of ACA: including any event sponsored or sanctioned by ACA, and or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premises liability, code violation, negligent security, failure to warn, vicarious liability, negligent hiring, negligent supervision, negligent maintenance, or improper/dangerous equipment; it is intended to be as broad as permissible under Georgia Law.

I am fully aware of the nature of the activities provided and possible injuries arising from such activities. I further agree to hold harmless, indemnify and defend ACA, including its officers, shareholders, agents, and employees, from any loss, liability, damage, or cost incurred by them due to the athlete named above on the premises or during any event sponsored or sanctioned by ACA. This release is intended to be binding upon the athlete his/her heirs, assignees, successor in interest, and anyone claiming by or through him/her. Also, I have read and understood the registration form and agree to all terms stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in activities at ACA. In case of an emergency requiring medical treatment, the undersigned hereby authorizes ACA, to take the athlete named above to a qualified medical or hospital facility for care and treatment. I verify that I have read, understand, and comply with all Augusta Cheer Academy policies by signing below.

SIGNATURE OF PARENT/LEGAL GUARDIAN: _____

DATE: _____



NATIONAL STARS

COME BE A STAR!

2024-2025 PACKET & CONTRACT

EVERYTHING YOU NEED TO KNOW

Throughout the following parts of this packet, you will find everything you need to know about becoming a National Star and the commitment that being a part of our program takes. Please read everything thoroughly to grasp what becoming a Star truly is about. Keep in mind this is a binding 12-month contract and commitment.

PROGRAM COMMITMENT

When joining the National Stars Program, we want everyone to remember that you agree to prioritize us within your athlete's life and schedule. We do our best to work with everyone's schedules, but we expect you to also work with ours. Any practice that is missed hinders the progress of the entire team. We need every team member present to practice effectively.

We know that with CheerABILITIES health and medical factors may play into absences, we just ask that you keep our coaches as in the loop as possible throughout the season. You will find more information on practices within the next section of the packet.

- **Tardiness:** Arriving 15 minutes late to practice or competition.
- **Absences:** Missing a practice completely or leaving early from practice or competition.
- If you are going to be more than ten minutes late, please contact your coach directly.
- If you need to leave early from practice, please let your coach know at least three days in advance.

VACATION & HOLIDAY CLOSINGS

We follow the Columbia County School schedule closely throughout the year, with a few minor exceptions. Please do not assume we are closed; instead, refer to the calendar on the last page for all our important dates throughout the season.

Because we have so many vacation absences throughout the summertime, we will be closed for an entire week for the 4th of July. This gives you time to take any major vacation to avoid running over your absences for the summer. Please take advantage of these days off, July 1-7. If your team has Sunday practice they will be expected to practice on Sunday, June 30th still.

If you have any summer vacations already scheduled, please fill out an absence form and turn them into the front desk. This can be found on our website - augustcheeracademy.com.

DO NOT USE CHEER AS A REWARD/PUNISHMENT

We understand you know what is best for your child, and we value your authority. However, once you are a part of the National Stars program, you are committed for the entire season. When athletes are pulled from practices or competitions as punishment for something done outside of the gym, a severe disservice is done to the other team members. It is unfair to the team, the coaches, and the other parents who also pay for their athletes to participate in this Program. The absence of even one athlete can hurt an entire practice.

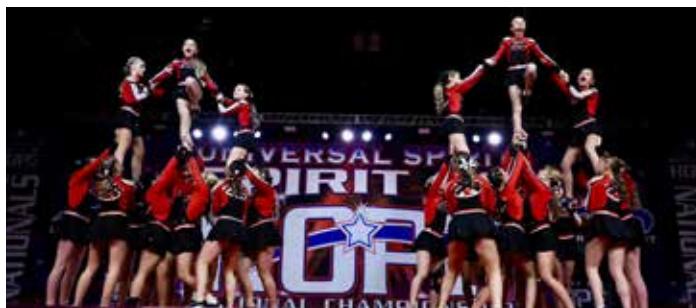
PRACTICES

After tryouts we will have one week off for our admin work week, also giving all of our full year athletes a break. The first practices of the season will begin the week of May 20th. This team will most likely practice on Sunday, after church hours to accommodate all schedules. Please keep this in mind when committing to the Program.

1) EXTRA PRACTICES: Extra practices can be called at any time. Most extra practices will occur during competition season (November-April). Additional practice will be scheduled at the Owner/Program Director's discretion. We try not to limit the number of extra practices within a season. However, situations arise where we have no choice but to schedule them. Please note some additional practices are listed in the calendar provided in this packet.

You must still attend if we schedule an extra practice for any significant incident the Friday before a competition. We understand some of you may plan to travel the night before, but you will have to wait. Again, this is for emergencies only and we do not anticipate this being needed.

2) SCHEDULED EXTENDED PRACTICES: Please note that a coach may choose to extend the time of a team's practice. This can be done for one practice to allow them to get certain things accomplished before a deadline, such as choreography or a competition. This may also be done for several practices in a row if necessary. Please remember that this is only done if a team needs extra time within the gym, and we expect you respect that and work with us.



COMMITMENT & PRACTICES

3) PRACTICES BEFORE & AFTER COMPETITIONS: All practices that are both the week of competition and the week after are mandatory, whether planned or unplanned. If your athlete misses any mandatory practice before a competition for any reason, the Owner/Program Director reserves the right to replace your athlete for that competition. We will also charge your card on file a \$50 Missed Practice Fee for any absence that falls on any mandatory practice day.

4) PRACTICES RUNNING PAST DISMISSAL TIME: A coach may unintentionally run a practice past its regularly scheduled time. If this happens, it will run up to 15 minutes past the scheduled time. This is not a regular occurrence throughout the season but may occur around competition time.

GUIDELINES FOR PRACTICES:

1. Athletes must be on time and ready to go (shoes on, hair up, etc.) before the start of practice.
2. Athletes are expected to follow the dress code outlined below.
3. Athletes are expected to wear their shoes and practice wear throughout the entire practice.
4. Athletes must place all cell phones in a bucket at the front of the floor.
5. Apple Watches will be allowed in practice to track workout and health statistics.
6. No eating is allowed in the gym. Small snacks are allowed in the cubby area and must be eaten prior to practice. Water bottles will be taken to the front of each practice floor at the start of practice. No fast food, including in the cubby area, will be allowed in the gym.
7. Do not bring valuables into the gym. We are not responsible for any items left unattended.

DRESS CODES FOR PRACTICES:

1. In the beginning of the season, the practice uniform will consist of wearing black on black to your first practice of the week and any National Stars gear to the second practice of the week.
2. Once received, you will wear your Varsity practice outfit to the first practice of the week and your National Stars gear or black on black to the week's second practice.
3. The Varsity practice wear will consist of a Stars piece that your athlete will be comfortable in each practice - these are currently just a bra or tank top. If your athlete will need some form of a t-shirt instead, please let us know and we will work on an option.
4. All athletes hair must be kept out of their face. Hair should be up high in a ponytail. Athletes are not required to but may wear any red, black, or white bow of their choosing.
5. Nails must be kept at their fingertips to avoid scratching other athletes while stunting.
6. No jewelry is allowed except for small stud earrings.

VIEWING PRACTICES

National Stars practices are normally closed to parents; however, we understand our CheerABILITIES athletes may need parents near-by. We ask that if your athlete can handle being left for the full practice time, that you do

this to allow them to focus. Coaches need to remain the sole authority during team practices because they are responsible for each team's safety.

INJURED ATHLETES

Unfortunately, we do have athletes that sustain injuries throughout the season. While injured, athletes are expected to attend practice still to watch. Why? Injured athletes can observe the routines, see any changes made, listen to the coach's instructions, help teach their replacement, and cheer on their teammates. You will continue to pay your athletes monthly tuition and escrow fees during their injury as new athlete steps in to take their place on the team.

Suppose an athlete is injured and cannot compete. A refund will not be given on competition fees as a replacement must be filled into the injured athlete's spot. If the injured athlete's team wins a jacket, the injured athlete may pay to receive a jacket. The replacement athlete will have priority to the jacket because they competed with the squad during the competition in which it was earned.

An injured athlete will not simply go back into the routine after they are released from the doctor; this decision will be dependent on several factors, including but not limited to:

1. The length of time until the next competition.
2. If they can physically participate to the best of their abilities during any practice the week of competition.
3. The athletes ability to go back into a routine at the same skill and conditioning level they left it.

An athlete will not be put back into a routine the week of the competition. Please remember that changes may have to be made to fix any injured athlete's position, so it may take more than a week to put the athlete back into the routine. Rachel/Meredith will talk with the coaches to determine when an athlete can again be placed back into a routine after an injury.

CHOREOGRAPHY

Note: Exact times for each team will be emailed out closer to that time. Choreography will be closed to all. The week prior to choreography and the week following choreography will also be mandatory to ensure every athlete remembers and understands their routine.

- **ROUTINE CHOREOGRAPHY:** Being newer to competitive cheer, this team will learn their choreography a little later in the season, giving them a little more time to prepare. This gives the coaches time to fully develop a teams skills before putting a routine into motion. These teams will have choreography September 14-15 and October 5-6.

ABSENCE INFORMATION & MANDATORY DATES

PROPER DOCUMENTATION MUST BE TURNED INTO THE FRONT DESK NO LATER THAN ONE WEEK PRIOR TO THE MISSED PRACTICE. THE ABSENCES WILL BE MARKED AS EXCUSED OR UNEXCUSED BY THE FRONT DESK STAFF AND PLACED IN YOUR ATHLETE'S FILE.

EXCUSED ABSENCE EXAMPLES:

- 1) DEATH IN THE FAMILY.
- 2) SERIOUS ILLNESS OR INJURY.

A DOCTORS NOTE MUST BE PROVIDED WITH SPECIFIC INFORMATION AS TO WHAT IS WRONG WHAT THE ATHLETE MAY OR MAY NOT DO AND WHEN THEY CAN RETURN TO PRACTICES.

- 3) GRADED SCHOOL ACTIVITIES THAT MAY NOT BE MADE UP AT ANY OTHER TIME.

A LETTER FROM THE TEACHER/SCHOOL, A PROGRAM, ETC. MUST BE PROVIDED.

UNEXCUSED ABSENCE EXAMPLES:

- 1) BEING TARDY TO THREE PRACTICES.
- 2) MISSING TWO TUMBLING CLASSES IN A MONTH WITH NO MAKEUP CLASS.
- 3) PARTICIPATION IN A SCHOOL SPORTING EVENT.
- 4) NON-CONTAGIOUS ILLNESS OR MINOR INJURIES.

ATHLETES ARE STILL EXPECTED TO SIT AT PRACTICES EVEN IF THEY CAN NOT PARTICIPATE.

- 5) HOMEWORK OR NON-GRADED SCHOOL ACTIVITIES.

- 6) FAMILY VACATIONS

May-August: 3 UNEXCUSED ABSENCES

Sept-Dec: 3 UNEXCUSED ABSENCES

January-April: 2 UNEXCUSED ABSENCES

Absences may not exceed the number provided for each monthly breakdown. Roll will be taken at the every practice and any excessive number of missed practices may result in an athlete's dismissal

We take absences seriously ! Even one athlete missing from a practice severely limits the progress of the team as a whole. Excused absences will not be excused without turning in the National Stars Absence Form.



- ALL ATHLETES WHO PARTICIPATE IN OTHER SPORTS MUST TURN IN THEIR SCHEDULES TO BOTH THEIR COACHES AND THE FRONT DESK STAFF AS SOON AS THEY RECEIVE THEM OR WE WILL NOT WORK WITH THEIR SCHEDULE.
- DURING THE COMPETITION SEASON (NOVEMBER - APRIL), ALLSTARS ARE NOT ALLOWED TO MISS PRACTICE FOR ANY REASON ONE WEEK PRIOR TO A COMPETITION OR ONE WEEK AFTER.
- PRACTICES THE WEEK OF A COMPETITION ARE MANDATORY AND AN ATHLETE MAY BE DISMISSED OR REPLACED FOR THAT COMPETITION, WITH NO REFUNDS ON FEES IF ABSENT THE WEEK OF A COMPETITION.

MANDATORY DATES

CHOREOGRAPHY (EXPO, NOVICE, CheerABILITIES)	SEPTEMBER 14-15	NCA CLASSIC ATLANTA, GA	JANUARY 25
CHOREOGRAPHY (EXPO, NOVICE, CheerABILITIES)	OCTOBER 5-6	CHEERSPORT CLASSIC ATL	MARCH 1
TEAM PICTURES	NOVEMBER 10	ATHLETIC CHAMPIONSHIPS	MARCH 15
DRESS REHEARSAL (EXPO, HY, CheerABILITIES)	JANUARY 21-24	SPRING SHOWCASE	APRIL 18

IMPORTANT NOTE:

THOUGH THEY ARE NOT LISTED IN THIS TABLE, THE WEEK BEFORE AND AFTER EACH COMPETITION ARE MANDATORY. WE WILL CHARGE THE CARD ON FILE A \$50 FEE FOR ANY UNEXCUSED ABSENCE THE WEEK BEFORE AND AFTER A COMPETITION OR DURING ANY OF THE MANDATORY DATES LISTED ABOVE. ALL EXCUSED ABSENCES MUST HAVE PROPER PROOF PROVIDED.

SIGNATURE:

COMPETITION DETAILS & SCHEDULE

FALL & SPRING SHOWCASE

Like last season, we will be hosting a Fall and Spring Showcase to raise money for the gym and allow athletes to showcase their routines locally. Our Elite, Prep and Novice teams will perform at the fall showcase on October 26-27, 2024. Exhibition, Novice, Half Year and CheerABILITIES teams will perform at our Spring Showcase on April 18, 2025. Each athlete will receive a certain number of complimentary tickets. Additional pricing, details and schedules will be released closer to these events.

TRAVEL & HOUSING INFORMATION

1. All athletes must book certain hotel accommodations through the Team Travel Source system. The list varies each season, and we will let you know the final competitions that fall under this policy. Please note this list may change once final season details are released. You will make payments directly through the booking page provided by the competition companies.
2. If Stay Smart booking is not required from a competition, you are free to stay at a hotel of your choosing. We do ask it be within a reasonable distance of the competition arena.
3. Your method of traveling to each competition is up to each family. Most drive different vehicles, but some families like to ride together.
4. Please note we will have Friday afternoon practice at the Georgia World Congress Center for Cheersport Nationals. We ask that you plan accordingly and suggest taking a half-day from work.
5. There must be a parent in every athlete's room, no exceptions.
6. Each cheerleader must have a chaperon at every competition. The care of your child is not the responsibility of your coach, Team Mom, or any National Stars staff member.

TRAVEL PACKETS

We always do our best to ensure you get your teams schedule and packet as soon as the event producers have finalized and released the times. They were consistently the Wednesday, the week of competition this season. The travel packet will contain all the vital information necessary for each competition. You are responsible for reading through the packet and having it on you on the day of competition. All packets are sent through a Dropbox link to allow for changes to be made easily if changes occur. Please note arrival times can change at any point throughout the week, including the evening before a competition. Keep this in mind when setting up your hotel accommodations or planning your departure time from Augusta.

COMPETITION GUIDELINES


Should inclement weather happen prior to or at a competition, we will still attend if the Event Producer decides to continue with the event. Teams are expected to cheer and support each other at competitions. Depending on the time a team is scheduled to meet, enter warm-ups, or compete, not all teams will be able to watch. We will lay out specified teams in the travel packet emailed out the week of the competition. If a team cannot watch another team because of their schedule, the parents may be required to support in their absence. Every athlete is required to attend their team's award ceremony.

TENTATIVE SCHEDULE

You will find our schedule for the season on the next page. **Please note that this schedule is not final, only tentative.** These dates, locations, and competitions are subject to change throughout the season. We will send a final schedule to you in the fall once all of the competition dates and locations have been confirmed by the Event Producers.



COMPETITION SCHEDULE

	2024-2025 COMPETITION SCHEDULE						
	COMPETITION/EVENT INFORMATION	EXPO & CHEERABILITIES	NOVICE	PREP	LIMITED TRAVEL ELITE	ELITE 1-4 & 4.2	ELITE LEVEL 5
	OCTOBER 26-27, 2024 FALL SHOWCASE: AUGUSTA, GA		★	★	★	★	★
	NOVEMBER 23, 2024 UNIVERSAL SPIRIT: CONCORD, NC		★	★	★	★	
	DECEMBER 7-8, 2024 UCA SHOWDOWN: SEVIERVILLE, TN			★	★	★	★
	JANUARY 17-19, 2025 JAMFEST NATIONALS: INDIANAPOLIS, IN					★	
	JANUARY 25, 2025 NCA CLASSIC: ATLANTA, GA	★	★				
	FEBRUARY 14-16, 2025 CHEERSPORT NATIONALS: ATLANTA, GA			★	★	★	★
	MARCH 1, 2025 ONEUP PREP NATIONALS: ATLANTA, GA			★			
	MARCH 1, 2025 CHEERSPORT CLASSIC: ATLANTA, GA	★	★		★	★	
	MARCH 15, 2025 ATHLETIC: ATLANTA, GA	★	★				
	MARCH 28-30, 2025 ONEUP NATIONALS: NASHVILLE, TN			★	★	★	★
	APRIL 18, 2025: END OF SEASON SHOWCASE	★	★		★		
	APRIL 24-25, 2025 THE YOUTH SUMMIT: TAMPA, FL					YOUTH TEAMS ONLY	
	APRIL 26-27, 2025 THE CELEBRATION: TAMPA, FL			★		NON-SUMMIT TEAMS ONLY	
	MAY 1-4, 2025 THE SUMMIT: ORLANDO, FL					BID ELIGIBLE TEAMS	
	MAY 7-10, 2025 NEW SEASON EVALUATIONS						
	OUR SHOWCASES ARE MANDATORY EVENTS FOR ALL ATHLETE'S. THESE SERVE AS A CHANCE TO SHOWCASE EACH TEAMS SUCCESSES THROUGHOUT THE SEASON TO FAMILY MEMBERS WHO MAY NOT BE ABLE TO TRAVEL TO COMPETITIONS ON A REGULAR BASIS.						

IMPORTANT NOTES ABOUT THE COMPETITION SCHEDULE

- All teams attending JamFest (elite only) must be in Indiana Friday afternoon for practice at the arena.
- All teams attending Cheersport (Prep, Elite & Level 5) must be in Atlanta Friday afternoon for practice at the arena.
- The March 1 competitions, while held by different brands, are on the same day at the same arena.
- Prep Teams attending OneUp in Nashville, there is a chance your athlete will be competing on Friday, please plan ahead now.
- Youth Summit is for Youth age teams only, and a bid must be earned to attend. Please note these dates are a Thursday/Friday
- The Celebration will be for all Prep and Elite teams who are either too young to attend Summit, or age-eligible teams who have not earned a bid. With the exception of our limited travel elite.
- Because we do not know what teams we will, or who will be attending either The Celebration or Summit, we have not added this competition fee or coaches fees into your escrow. We will let you know pricing details once we know which teams are attending this event or Summit.

PROGRAM GUIDELINES

WARNING SYSTEM

Our Program uses a three-step warning system. You will receive a written warning on your or your athlete's first offense. With the second offense, the coaches and/or Program Director will set up a meeting with both you and your athlete. Finally, if there is a third offense, this will result in automatic Program Dismissal. We reserve the right to terminate a membership at any time, with fees paid forfeited. Additionally, memberships will be terminated instantly if parents or athletes put other Stars athletes in any dangerous position.

GENERAL RULES FOR ALL

Good sportsmanship, polite manners, and a kind disposition are expected at all times from our athletes, parents and staff. Our Program prides itself on setting a high standard of conduct. Help us maintain this standard:

1. There will be no gossip or slander about:
 - Any other allstar program or school teams.
 - Any athlete, child, or parent within our Program.
 - Any coaches or staff.
2. No profanity or abusive language will be tolerated.
3. Arrive at all practices, competitions and scheduled events on time.
4. During practices, all decisions are left to the discretion of the coaches and the chain of communication should be followed if there are any questions or issues regarding decisions being made.
5. No negative comments will be tolerated on Facebook, Twitter, websites, blogs, in group chats, etc. As a representative of the gym, any post made that includes references to Augusta Cheer Academy, the National Stars, our logos or any imagery of the uniform and practice wear in any light, positive or negative, on any platform, public or private, is forbidden.
6. No one is allowed to post National Stars music, choreography, routines, stunts etc., on any site until the competition season has come to an end and the Program Director has given permission.
7. Practice days/times are subject to change,.
8. All cheerleaders and family members are expected to show good sportsmanship at all times.
9. Parents, relatives, friends, and cheerleaders are never allowed to speak with competition officials for any reason.
10. If a problem arises between you and another parent or your athlete and another athlete, we expect everyone to act appropriately. No one should approach another parent or child directly. Please follow the chain of command so it can be addressed with all parties involved during a meeting with your Coach/Program Director/Owner.
11. Remember that the team is first and the individual is second.

SOCIAL MEDIA POLICY

Athletes are not allowed to create social media accounts that use their team name, the gym or Program name, etc., without express permission from the Program Director. This includes but is not limited to; Instagram, TikTok, Snapchat, Facebook, Twitter, etc. Athletes are expected to follow the gym rules and guidelines showing sportsmanship, manners, and respect in all social media posts. We reserve the right to dismiss an athlete due to any posts deemed inappropriate and unfitting of a National Stars athlete.

PARENT RULES

As parents, we understand that you all want the best for your children. As parents of our athletes, we always ask for 100% support from you. Please remember that children can often misunderstand situations; therefore, please get in touch with us for an open discussion if any questions arise. In competitive cheerleading, as in any other competitive sport, parents may gossip or inadvertently influence their athlete in a way that affects their athlete and the team. Our main goal is encouraging our athletes to have fun while working hard. Please understand that to provide the safest and best training atmosphere for your child; we respectfully ask for your support in the following areas:

1. Parent group chats will not be allowed unless they are taking place in the Band App with your teams coach monitoring the conversation.
2. If you ever have a problem with anything, please do not hesitate to contact your coaches or the gym. We are here for you.
3. If you have any questions or concerns that need immediate attention, please use the following chain of command: Team Mom, Team Coach(es) , Program Director and Owner.
4. Only athletes and coaches are allowed in the gym during practice, tumbling and private lessons.
5. It is the parent's responsibility to stay up to date with their athletes team/schedule. Please check the private Facebook page and/or your email every day.
6. While we want our allstars to use the gym as much as possible, no child should be dropped off at the gym to do any form of unsupervised work.
7. Withholding a child from practice or competition should never be used as a form of punishment.
8. Parents are not allowed to claim representation for the National Stars Program at any time concerning accommodations, competitions or any other situation.

ATHLETE RULES

As a National Stars athlete, you are the face of the National Stars Program; therefore, we expect you to uphold each of these rules. We want you to be proud to be a part of the most successful gym in our area. You are the reason we are as successful as we are. Your time within our National Stars family will be rewarded with your hard work and teamwork. Please follow these rules to ensure your success this season:

1. No profanity, disrespect, or back talking will be tolerated. You will respect your coaches, the ACA Staff, and your teammates.
2. Stay on top of any information emailed out or posted in Band.
3. Cell phones are to be silenced and placed in the phone bucket at the beginning of practices and tumbling classes.
4. Balancing schoolwork and allstar practice is your responsibility when joining this Program. Homework is not an excuse for missing practice
5. Please remember you have committed for the entire year. We will work with you as best as possible on your other activities outside of the National Stars. However, please communicate with us at least a month in advance for any major events.
6. Your body needs to be in top physical shape. Please take care of your body outside of the gym by eating healthy, continuing to exercise, and

PROGRAM GUIDELINES & COMMUNICATION

1. managing other sports and activities responsibly on your time off. The use of drugs, alcohol or tobacco are prohibited.
2. We will continue to be the most positive and supportive gym within the CSRA. Good sportsmanship is a must inside and outside of our Program. Nothing else will be tolerated. Be respectful and supportive to all other gyms, at competitions, and to any official.
3. Remember it is team-first, individual second. Put trust in your coaches because we know what is best for the team.

CHAIN OF COMMUNICATION

Please follow the order below if you have any questions or concerns throughout the season.

1) TEAM MOM: The Team Mom will be the first person you go to with any simple questions about your athletes' team, practice schedule, competition schedule, etc. However, if the Team Mom feels that she needs to answer your question correctly or should not be in charge of handling the situation, she will direct you to your team's Coach(es).

We will have a Band Page for each team that the team mom and coaches will use to update you. This forum will be used for questions of a personal nature but for questions that other parents may find informative. On the day of the competition, the Team Mom will use the Band App to communicate important information promptly. The Band App will be used for any group messaging with coaches monitoring. Team parent group chats will not be allowed outside of Band.

2) PROGRAM DIRECTOR: Meredith Dailey will once again serve as our Program Director and Social Media/Communications Manager. She will be your main point of contact when looking to schedule any form of a meeting, after a situation can not be resolved through your Team Mom or Coaches. Keep in mind, meetings throughout February-April will likely be more challenging to accommodate and may take place over the phone or through messaging. Meredith sends out all important gym information through emails, newsletters, social media posts, etc. She also handles ordering practice wear/uniforms, USASF, competition registration, hotel information, allstar accounts, and other organizational details including the website, travel packets, and various projects within the gym.

EMAIL COMMUNICATION

Organization is an essential aspect of our Program. The primary source of communication will be through your email. Please make sure you provide us with an email address you check daily. We encourage our athletes to put an email address on file, allowing them to stay up-to-date with important upcoming events. Timely and accurate communication between coaches and parents/cheerleaders is crucial.

Each week (excluding Holiday weekends and competition weekends), Meredith will send out a weekly newsletter that has all of the information you'll need for the coming weeks. Whether it's a friendly reminder about an upcoming payment, important dates in the coming weeks, or fundraising information, it will have everything you need to get your week started off right!

The newsletter will be sent in the form of an email through MailChimp from, allstars@augustacheeracademy.com. Please ensure you add this address to your contacts and do not choose to unsubscribe at any time.

THE BAND APP

When your child has been placed on a team, we will send out information to join your team's Band App page. We know most of you are familiar with this app, as many competition companies now use it to communicate throughout their events. We will use this for small, timely reminders or announcements, setting up a team calendar, and chatting with questions. On the day of the competition, the Team Mom will use your group to communicate important information about meeting times and places or any changes in the schedule.

NATIONAL STARS PRIVATE FACEBOOK PAGE

Once your athlete has been placed on an allstar team, we ask that you please become a member of our private page. This is the page where we post pertinent information throughout the season to keep you as updated as possible—Augusta Cheer Academy "National Stars" (OFFICIAL PAGE). If you have asked to be accepted to the Facebook page and have not yet been approved, email allstars@augustacheeracademy.com so we can add you.



ALLSTAR TIERS & PRICING - CHEERABILITIES

CHEERABILITIES

We plan on having on team that will practice once a week (Sunday) for an hour and a half. They will attend three out of town, one-day competitions, as well as one in-town performance at the Spring Showcase. Tumbling will be included in their practice time.

ESCROW: Refer to the table below to see what is included in this monthly breakdown. Competition and coaches fees include your athletes fee to compete, coaches pay during competitions, hotels, gas, etc.

TUITION: This covers your athlete's one hour practice, once a week.

You will find a payment table in accordance to each payment option listed to the right.

ESCROW BREAKDOWN

COMPETITION BOW	\$25
CHOREOGRAPHY & MUSIC	\$190
COMPETITION & COACHES FEES	\$615
END OF SEASON AWARD	\$10
TOTAL	\$840

MONTHLY TUITION

PRACTICE - 1.5 HOURS ONCE A WEEK	\$90
We may offer a tumbling class before or after practice like we do with our Expo athletes. This would be an additional \$40 a month. Specific days and times will be sent out later.	

PAYMENT OPTION #1 - ESCROW & TUITION ON THE 25TH OF EACH MONTH

		MAY 15	MAY 25	JUNE 25	JULY 25	AUG 25	SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
OPT 1	TUITION	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90
	ESCROW	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70
	FEES	---	PRACTICE WEAR & UNIFORM PART ONE	UNIFORM PART TWO	---	FUNDRAISER FEE	---	---	---	---	---	---	---
	TOTAL	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160

PAYMENT OPTION #2 - ESCROW ON THE 15TH & TUITION ON THE 25TH

		MAY 15	MAY 15	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MARCH	APRIL
OPT 2	15TH: E	\$70	---	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70
	25TH: T	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	---
	FEES	---	PRACTICE WEAR	UNIFORM PART ONE	UNIFORM PART TWO	FUNDRAISER FEE	---	---	---	---	---	---	---	---
	TOTAL	\$160	\$90	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$70

PAYMENT OPTION #3 - PAID IN FULL

		MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MARCH	APRIL	
OPT 3	TUITION	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	\$90	YEARLY TOTAL:
	ESCROW	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	\$70	
	FEES	---	PRACTICE WEAR	UNIFORM PART ONE	UNIFORM PART TWO	FUNDRAISER FEE	---	---	---	---	---	---	---	
	TOTAL	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$160	\$1,920

PLEASE NOTE THAT PAYMENT OPTION 1 & 2 WILL BOTH OWE \$375 ON MAY 15 AS YOUR MAY TUITION & ESCROW PAYMENT. ON MAY 25TH PAYMENT OPTION 1 WILL OWE \$375 FOR THE MONTH OF JUNE, AND THIS WILL CONTINUE ON THE 25TH OF EVERY MONTH. ON MAY 25TH PAYMENT OPTION 2 WILL OWE \$175 FOR JUNE TUITION ONLY AND PAYMENTS WILL CONTINUE SPLIT BETWEEN THE TWO DATES.

MANDATORY FEES

	A: PRACTICE WEAR	B: UNIFORM HALF	C: UNIFORM HALF	D: FUNDRAISER	E: USASF	F: CHOREOGRAPHY
DUE DATE	May 30	June 13	July 18	August 25	October 1	Januray 25
WHO?	All Athletes	Various Athletes	Various Athletes	All Athletes	All Athletes	Prep & Elite
PRICE	\$75	Various	Various	\$45	\$49	\$60

PRICING INFORMATION

PROGRAM PRICING

Competitive cheer, while not as costly as some youth activities, can still be expensive. Before considering the National Stars or any program, please consider the financial commitment involved. We have a comprehensive monthly price that covers most of the expenses throughout the year. Depending on the payment plan you choose, there will be the option to pay in full, or to split your payment into 12 or 24 monthly charges. Payments begin May 15, 2024 and run through April 15, 2025. Pricing can be found on the tables above for each tiers tuition and escrow payment. All other charges are listed below. Please note that we do our best to let you know of all charges for the season up front, but there may be other unexpected costs that pop up throughout the season.

Please remember that when you turn in your Allstar Packet and Contract, you are entering a binding contract. Therefore, this year more than ever, as we work meticulously to build teams, we will charge the full termination fee to anyone who takes part in Evaluations and later decides not to cheer. The only exception to this will be those who have conflicts with their team's practice schedule if their potential conflicts are listed on their evaluation page when turned in. As always, we will do our best to accommodate everyone's schedule but will ultimately do what is best for the team.

ADDITIONAL BUDGET INFORMATION

SIBLING DISCOUNT: When joining the Program with multiple children, the sibling with the largest tuition amount will pay full tuition. The next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted). All escrow payments will be made in full for each athlete.



CROSSOVER/DOUBLE TEAMER: If you are asked to be a crossover (meaning you compete on two teams) and agree, you will be responsible for 50% of the tuition owed for your second team. You will also be responsible for all uniform, competition, coaches, music, and choreography fees associated with the second team. The gym reserves the right to remove crossover positions if needed for new division/new athletes wanting to join the gym or if athletes need to be moved to different teams. We want to find the best homes for every athlete and will constantly strive to do so.

ADDITIONAL CLASSES: Any additional classes: stretch, tumbling, jumps, etc. will cost an additional \$40 a month. If we re-implement stunt class, this will cost an additional \$50 a month. These classes will come out through automatic draft and payments will be run on the 1st of each month.

LATE PAYMENTS: Any payment that does not successfully run through auto-draft on the appropriate payment date will incur a \$25 late payment fee if not paid by within three days of contact. If your account is more than one month behind, your athlete will be pulled from practices and made an alternate until all payments have been caught up.

MANDATORY FEES

PRACTICE WEAR: This season you will purchase a practice top/bra for your athlete, with the option to add matching shorts or a skirts to your order. You can find more details on your athletes full practice wear each week in the Dress Code section of this packet. You can view a rendering of the practice wear for the season on the next page.

Your \$75 practice wear fee will be due to the front desk on Thursday, May 30th. Sizing for all practice wear will be done over the next two weeks so each athlete can be sized based off of the items ordered.

UNIFORM: This season we are introducing a new Program uniform for Prep, Elite & CheerABILITIES. You can see the new uniform photographed to the left, and it will be \$250.

All athlete's who need to order a new uniform or uniform piece will make a split uniform payment on June 13 and July 18. We will not be doing a uniform swap/sale, but will create an online thread for you to buy, sell and trade on your own. We do reserve the right to remove any post where the seller is not setting fair pricing.

FUNDRAISING FEE: We offer several fundraisers throughout the year. You can find all of these dates on our calendar, shown on the last page. A portion of this fee is filtered back into the program for new equipment and gym upgrades. The other portion covers the costs associated with setting up and implementing the fundraisers we provide. Whether you choose to take part in our fundraisers, or not, we will add this fee onto your August 25th payment.

Throughout the season all fundraising payments must be turned into us with cash, or a check written by you. If you choose to pay with the card on file, we will charge an additional \$5 card fee. The remainder of the fundraiser should you chose to take part, will be credited your allstar account.

PRICING INFORMATION

All fundraisers are initially credited to your Allstar Tuition for the season. They may also be applied to any potential Summit or Youth Summit fees incurred at the end of the season. Fundraiser money will only be applied to your Escrow account if all other fees for the season have been paid.

USASF ATHLETE MEMBERSHIP FEE: All National Stars athletes are required to be members of the U.S. All Star Federation. This \$49 fee will be paid directly to USASF and creates Official Event Rosters for teams that include a listing of team members, their Athlete ID numbers, birth-dates and confirmed ages. Programs submit USASF Official Event Rosters to event producers at event check-in, instantly confirming athletes ages. It is consistent with standard practices of youth sports organizations and is secure. Any athlete who turns 19 before December 31, 2024 will incur an additional fee for a Background Check through USASF.

ADDITIONAL PRICING INFORMATION

- **MISSED PRACTICE FEE:** Any mandatory practice missed will result in a \$50 charge to your card on file. Practice missed the week of a competition may result in you athlete being pulled from that event.
- **CHEER SHOES:** While we do allow athletes to order a cheerleading shoe of their choosing for comfort purposes, we do require that all Expo and Novice athletes purchase white shoes. All Prep and Elite athletes will be required to purchase black shoes. We will offer both high top and low top options in each color through Varsity. The Varsity Aeros will be \$115 while the Varsity Ascend will be \$110 - due on May 25th.
- **COMPETITION BOW:** Your competition bow is included in your yearly Escrow breakdown, but you can purchase an extra bow for your athlete to have for the season - due on July 11th.
- **WARM-UP JACKET:** While a warm-up jacket specifically is optional, you will be required to have some form of an National Stars item to wear to and from competitions. This is part of Varsity's "cover up" policy at each competition in order to ensure athlete's keep an appropriate and modest

appearance to and from the competition arenas.

- **STARS GEAR:** Throughout the season we offer a variety of optional items like Stars clothing, backpacks, fanny packs, hats, sweatshirts, etc.
- **ACTION SHOTS:** Many of our teams will come together to purchase a teams action shots each competition weekend. This is not a required purchase. Photos can range anywhere from \$18-\$35 per-person depending on your team size and the number of participants.
- **GOODY BAGS:** Your Team Mom will put together one goody bag for your team during the season (two if you attend Summit). Your Team Mom will ask for contributions whether monetarily or through items.
- **YOUTH SUMMIT:** Any team who receives a bid will pay the competition fee, practice wear, and coaches fees.
- **SUMMIT:** Any team who receives a bid and chooses to attend will pay the competition fee (\$456 for 2024 Commuter), practice wear, and coaches fees.

SPONSORSHIP

Competitive cheerleading can be costly and sponsorships are a great way to ease these costs. This is a great opportunity for grandparents, family friends, business owners, etc. to help support your athlete. Sponsors can donate as much or as little as they want and any sponsorship you receive will go straight to your athletes account. We have a letter/forms that you can pick up from the front desk or print off of the website.

PRACTICE WEAR PREVIEW

SENIOR & U18 TEAMS



YOUTH, JUNIOR & U16 TEAMS



TINY & MINI TEAMS



AUTO-DRAFT SELECTION



PLEASE REFER TO EACH TEAM TIER FOR PRICING

PAYMENT OPTIONS: Both option #1 and #2 are considered auto-draft payments. You may turn in a cash or check payment prior to the due date, however, if no alternate payment is made, your card will be run on the auto-draft date.

PLEASE INITIAL BESIDE THE PAYMENT OPTION YOU WOULD LIKE TO CHOOSE FOR THE SEASON AND SIGN AT THE BOTTOM OF THE PAGE

Payment Option #1

This option allows you to pay your Monthly Tuition and Escrow together each month on the 25th before the month it is due. This payment will be auto-drafted from your card on file however, you may pay by cash or check prior to the 25th. EXAMPLE: On September 25th you are paying for October's tuition and escrow payment.

Initial here to opt into paying all mandatory fees for the coming month on the 25th as well. For example the first half of your uniform fee due on June 13th would be drafted May 25th. This is not required.

Payment Option #2

This option allows you to pay the Monthly Tuition on the 25th before the month it is due and the Escrow payment on the 15th of the month it is due. This payment will be auto-drafted from your card on file, however, you may pay by cash or check prior to the 15th and 25th. EXAMPLE: On September 25th you are paying for October's tuition and on October 15th you're paying for October's escrow.

Payment Option #3 (Any Form of Payment)

The 2024-2025 total for the year will be paid in one lump sum due one on May 15, 2024.

PAYMENT AGREEMENT

- I (We) understand the commitment that we are making as a family to the National Star's Program. We intend to participate for the entire year from May 13, 2024 to April 30, 2025. I understand that I am responsible for all payments from May 15, 2024 to April 30, 2025.
- For payment option #1 I (We) understand that each athletes parent is required to provide two credit/debit cards to remain on file. I may turn in a cash or check payment, but my card on file will be run on the 25th if no payment is made. I also understand if my credit card payment does not go through on the 25th, I will be charged a late fee of \$25. The second card placed on file will then be debited if no other form of payment has been made by the 5th of the following month.
- For payment option #2: I (We) understand that each athletes parent is required to provide two credit/debit cards. I may turn in a cash or check payment, but my card on file will be run on the 15th (escrow) and 25th (tuition) if no payment is made. I also understand if my credit card payment does not go through on the 15th or 25th, I will be charged a late fee of \$25. The second card placed on file will then be debited if no other form of payment has been made by the 5th of the following month.
- I (We) understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on ANY fees paid (including payments made in full through payment option #3, optional fees and uniform). I will not receive any items that have been ordered for my athlete and I will be charged the termination fee listed on the Code of Conduct page. I will also be responsible for fulfilling all fundraising items with my purchasers.
- I (We) understand that all payments are due in a timely manner. A late fee of \$25 will be charged/owed if any fees are late. If my late payment is not turned in within one week of the original due date, I understand that my athlete will then have to sit out from practice. If a payment is not made within two weeks of the original due date, my athlete will be replaced by an alternate/double teamer and my contract will be terminated. I understand all past due amounts, late fees, and termination fee will still be owed.
- I (We) understand that there is a termination fee in place in the event that we do not complete the season for any reason including voluntary withdrawal or program dismissal. The termination fee owed is \$850 for allstar Prep and Elite, \$450 for Novices and \$300 for Tiny/Mini. The credit card(s) on file will be charged first and if your credit card declines or is invalid we will then run the second card on file.

SIGNATURE OF PARENT/LEGAL GUARDIAN: _____

DATE: _____

CREDIT CARD INFORMATION



CREDIT CARD AND PAYMENT AUTHORIZATION FORM

Augusta Cheer Academy requires two credit card numbers remain on file for each athlete within the National Stars Program.
Please list your credit card information below:

CREDIT/DEBIT CARD INFORMATION

NAME AS IT APPEARS ON YOUR CARD: _____

CREDIT CARD NUMBER: _____

BILLING ADDRESS: _____ ZIP CODE: _____

TYPE OF CARD: _____ CCV - SECURITY CODE: _____

EXPIRATION: _____

**NOTE: YOUR \$70 PROGRAM REGISTRATION FEE & \$30 EVALUATION FEE WILL BE SPLIT
BETWEEN THE FIRST AND SECOND CARD ON FILE FOR AUTHENTICITY.**

I understand and authorize Augusta Cheer Academy to charge my provided card as listed in the "Payment Agreement" only or unless I specify otherwise. This means that I can request Augusta Cheer Academy use my credit card for charges other than my monthly tuition and escrow if I notify them below. I also understand that my card will be charged a termination fee for reasons listed on page four. I can expect Augusta Cheer Academy to maintain my credit card information in confidentiality. I understand that it will remain locked in a secure location.

CARDHOLDERS SIGNATURE: _____ **DATE:** _____

PLEASE INITIAL BELOW THAT YOU UNDERSTAND ALL MANDATORY FEES WILL BE CHARGED TO YOUR CARD ON FILE. YOU MAY DROP A CASH OR CHECK PAYMENT OFF PRIOR TO THE DUE DATE AS WELL. IF NO PAYMENT IS MADE BY THE DUE DATE, WE WILL AUTO-DRAFT IT FROM YOUR CARD ON FILE.

CARDHOLDERS INITIALS: _____

SECOND CREDIT/DEBIT CARD INFORMATION

NAME AS IT APPEARS ON YOUR CARD: _____

CREDIT CARD NUMBER: _____

BILLING ADDRESS: _____ ZIP CODE: _____

TYPE OF CARD: _____ CCV - SECURITY CODE: _____

EXPIRATION: _____

I understand and authorize Augusta Cheer Academy to charge my second provided card as listed in the "Payment Agreement" section. This card will be a secondary option for ACA to collect money owed. I can expect Augusta Cheer Academy to maintain my bank account information in confidentiality.

CARDHOLDERS SIGNATURE: _____ **DATE:** _____

MAY

MAY 6-12	ADMIN WORK WEEK - NO ALLSTARS
MAY 15	FIRST PAYMENT DUE
MAY 24	SNAP RAISE FUNDRAISER BEGINS
MAY 30	PRACTICE WEAR, SHOES AND BAG ORDER
MAY 25-27	CLOSED FOR MEMORIAL DAY

JUNE

JUNE 9-13	MANDATORY PRACTICES (PREP & ELITE)
JUNE 14-21	STUNT CHOREOGRAPHY (PREP & ELITE)
JUNE 13	FIRST UNIFORM PAYMENT DUE
JUNE 14	SNAP RAISE CAMPAIGN COMPLETE

JULY

JULY 1-7	GYM CLOSED FOR 4TH OF JULY
JULY 8	GYM RE-OPENS
JULY 8	FUNDRAISER TWO BEGINS
WEEK OF JULY 8	PRACTICES MANDATORY
JULY 12-22	ROUTINE CHOREOGRAPHY (PREP & ELITE)
JULY 18	UNIFORM FEE DUE

AUGUST

AUGUST 15	JACKET ORDER DUE
AUGUST 25	GYM FUNDRAISER FEE DUE

SEPTEMBER

SEPTEMBER 1-2	GYM CLOSED FOR LABOR DAY
SEPTEMBER 14-15	CHOREOGRAPHY FOR EXPO & NOVICE
SEPTEMBER 30	NATIONAL STARS GEAR ORDER BEGINS

OCTOBER

OCTOBER 1	USASF REGISTRATION BEGINS
OCTOBER 1	FUNDRAISER THREE BEGINS
OCTOBER 5-6	SECOND CHOREO FOR EXPO & NOVICES
OCTOBER 13-14	GYM STILL OPEN DESPITE FALL BREAK
OCTOBER 26-27	FALL SHOWCASE (NOV, PREP, ELITE & LV 5)
OCTOBER 31	CLOSED FOR HALLOWEEN

NOVEMBER

NOVEMBER 10	TEAM PHOTOS & USASF SHOULD BE DONE
NOVEMBER TBD	GUITAR PULL: PRACTICES MANDATORY
NOVEMBER 18-21	DRESS REHEARSAL PRACTICES
NOVEMBER 23	UNIVERSAL SPIRIT (NOVICE, PREP, ELITE)
NOVEMBER 24-30	GYM CLOSED FOR THANKSGIVING

2024-2025 CALENDAR



- OPTIONAL ITEMS TO PURCHASE
- FUNDRAISER
- MANDATORY EVENTS
- MANDATORY MONEY DUE
- COMPETITIONS

DECEMBER

DECEMBER 1	GYM OPEN
DECEMBER 7-8	UCA SHOWDOWN (PREP, ELITE & LVL 5)
DECEMBER 15	JANUARY TUITION DUE EARLY
DEC 22 - JAN 3	GYM CLOSED FOR THE HOLIDAYS

JANUARY

JANUARY 4	PRACTICES RESUME
JAN 4-5 & 11-12	EXTRA PRACTICE FOR JAMFEST TEAMS
JANUARY 6	FOURTH FUNDRAISER BEGINS
JANUARY 17-19	JAMFEST (FULL TRAVEL ELITE ONLY)
JANUARY 20	CLOSED FOR MLK JR. HOLIDAY
JANUARY 21-24	EXPO/HY DRESS REHEARSAL
JANUARY 25	NCA - CLASSIC (EXPO, NOV & HY)

JANUARY 21-FEBRUARY 2 POTENTIAL WEEKEND FOR MID-SEASON CHOREOGRAPHY (\$60 JANUARY 25)

FEBRUARY

FEBRUARY 1-2	EXTRA PRACTICE FOR CHEERSPORT
FEBRUARY 14-16	CHEERSPORT (PREP, ELITE & LVL 5)
FEBRUARY 17	GYM CLOSED FOR HOLIDAY

MARCH

MARCH 1	ONEUP PREP NATIONALS (PREP)
MARCH 1	CHEERSPORT CLASSIC (HY, NOV, ELITE)
MARCH 15	ATHLETIC CHAMPIONSHIPS (HY & NOV)
MARCH 28-30	ONE UP NATIONALS (PREP, ELITE & LVL 5)

APRIL

APRIL 6-13	GYM CLOSED FOR MASTERS WEEK
APRIL 14	PRACTICES RESUME
APRIL 18	SPRING SHOWCASE (EXPO, NOVICE, HY & LMTD TRAVEL)
APRIL 24-25	YOUTH SUMMIT (YTH TEAMS W/ BID)
APRIL 26-27	THE CELEBRATION (PREP & NON-SUMMIT)

MAY

MAY 1-4	THE SUMMIT (ELITE BID EARNING TEAMS)
MAY 7-11	2025-2026 EVALUATIONS

EXCEPTIONAL ATHLETES ASSESSMENT



ATHLETE INFO

First Name: _____ Last Name: _____ Goes By: _____

Athletes Age: _____ Date of Birth: _____ Grade 24-25: _____

DOCUMENTED DISABILITY

Does the athlete take PRESCRIPTIONS/MEDICINE: _____ NO _____ YES (PLEASE LIST)

RX Name / Dosage _____

Reason for Medication _____

RX Name / Dosage _____

Reason for Medication _____

RX Name / Dosage _____

Reason for Medication _____

Is your athlete prone to SEIZURES? _____ NO _____ YES / Type _____

Seizure action plan. When is it considered an emergency? _____

Does athlete use MOBILITY AIDS _____ NO _____ YES / Type _____

If using a wheelchair, is it electric or manual? _____ Does athlete need assistance getting in/out of wheelchair? _____ NO _____ YES

Is your athlete on the AUTISM SPECTRUM _____ NO _____ YES

Please check any SENSITIVITIES your athlete may experience due to ASD.

_____ fabrics, zippers, buttons, snaps

_____ smells

_____ fog, dry ice, smoke

_____ temperatures

Has your athlete experienced SPEECH or LANGUAGE DELAYS due to ASD? _____ NO _____ YES / Please describe _____

I give my permission for this assessment form to be shared with coaches and volunteers working with my athlete in all capacities.

PARENT/GUARDIAN: _____

DATE: _____

EXCEPTIONAL ATHLETES ASSESSMENT



HEALTH / PHYSICAL DEVELOPMENT

Describe your athlete's balance and/or coordination: _____
_____.

Describe your athlete's gross motor skills: _____
_____.

Describe your athlete's fine motor skills: _____
_____.

Describe your athlete's regular exercise: _____
_____.

Does your athlete have any allergies? If so please explain: _____
_____.

Does your athlete have any special dietary needs? If so please explain: _____
_____.

Does your athlete have vision concerns including wearing glasses and/or corrective lens? If so please explain: _____
_____.

Does your athlete have hearing concerns? If so please explain: _____
_____.

If your child has Down Syndrome, have they had an x-ray indicating they do not have atlantoaxial instability? _____

Does your athlete have any special health and/or physical development concerns not already listed or mentioned including but not limited to any general health concerns any medical conditions (seizures etc.) and medication that may interfere with participation or any other additional information?

_____.

EXCEPTIONAL ATHLETES ASSESSMENT



SAFETY			
Does your athlete...?	Independently	Sometimes	Never
Recognize Danger			
Express Fear			
Respond to words like stop, no, etc.			
Follow directions when requested			
Run away from activities			
Additional Comments on the above:			

EXPRESSIVE / RECEPTIVE COMMUNICATION AND LISTENING			
Does your athlete...?	Independently	Sometimes	Never
indicate basic needs			
use sign language			
use gestures to indicate needs			
lead you to what he/she wants			
have a vocabulary of 10 or more words			
speak in simple sentences			
answer questions			
carry a conversation			
use speech that can be understood			
respond to sounds and/or music			
respond to their name			
respond to gestures like pointing to go			
respond to verbal direction			
Additional Comments on the above:			

EXCEPTIONAL ATHLETES ASSESSMENT



EXPRESSIVE / RECEPTIVE COMMUNICATION AND LISTENING CONTINUED			
Does your athlete...?	Independently	Sometimes	Never
Follow one-step directions			
Follow two-step directions			
Follow more than two-step directions			
Respond to words/questions immediately			
Need wait time to respond			
Interact with adults			
Interact with peers or siblings			
Express humor appropriately			
Express anger appropriately			
Take turns			
Share			
Additional Comments on the above:			

SELF HELP
Describe your athlete's level of ability to:
Dress Self:
Put on Shoes:
Use Velcro:
Tie Laces:
Manage a toilet:
Additional Comments on the above:

EXCEPTIONAL ATHLETES ASSESSMENT



INTERESTS			
Does your athlete...?	Independently	Sometimes	Never
like physical activities			
play other sports or activities			
interact with peers or siblings			
enjoy music			
Additional Comments on the above:			

INTERESTS: TO BE COMPLETED BY ATHLETE WITH ASSISTANCE
List five things you like and/or like to talk about:
1)
2)
3)
4)
5)
What kind of exercise or sports do you like?
What kind of music do you like?
What do you want to learn how to do?
Additional Comments on the above: